

# MAA - TRACK & FIELD 2025

| CALENDAR OF ACTIVITIES JANUARY TO DECEMBER 2025 |                               |   |                           |                                    |
|---|-------------------------------|---|---------------------------|------------------------------------|
| MONTH   | INTERNATIONAL                 | NATIONAL  | REGIONAL                  | TRAINING CAMP / FORMATION          |
| JAN - 04  |                               |   |                           |                                    |
| JAN - 11  |                               |   |                           | WORKSHOP COACHES ( CALENDAR 2025 ) |
| JAN - 17  |                               |   |                           |                                    |
| JAN - 18  |                               |   |                           | WORKSHOP NAR                       |
| JAN - 23  |                               | SOIRÉE DEMI FOND / TRIALS CJSOI<br>( U16/U18/U20/SR ) |                           |                                    |
| JAN - 25  |                               | TRIALS CJSOI U18 + U20/SEN                            |                           | GATHERING TEAM CJSOI               |
| FEB - 01  |                               |   |                           | WORKSHOP COACHES ( COMB EVENTS)    |
| FEB - 06  |                               | SOIRÉE DEMI FOND / TRIALS CJSOI<br>( U16/U18/U20/SR ) |                           |                                    |
| FEB - 08  |                               | TRIALS CJSOI U18 + U20/SEN                            |                           | GATHERING TEAM MAURICE             |
| FEB - 15  |                               | OPEN DAY ATHLETICS U10/U12/U14                        |                           | BASICS COACHES (TBF)               |
| FEB - 20  |                               | SOIRÉE DEMI FOND / TRIALS CJSOI<br>( U16/U18/U20/SR ) |                           |                                    |
| FEB - 22  |                               | TRIALS CJSOI U18 + U20/SEN                            |                           | KID'S ATHLETICS CLINIC             |
| MAR - 01  |                               |   |                           |                                    |
| Mar 07  |                               | REC DE L'HEURE  |                           | WORKSHOP NAR - ROD                 |
| MAR - 08  |                               | TRIALS CJSOI U18 + U20/SEN                            |                           |                                    |
| MAR - 15  |                               |   | U18/U20 ROD REG<br>CHAMPS | TRAINING CAMP + COMP RSA ( TBC )   |
| MAR - 21 /<br>23                                | WORLD INDOOR CHAMPS,<br>CHINA |   |                           | KID'S ATHLETICS                    |
| MAR - 22  |                               | YOUTH COMBINED EVENTS<br>U12/U14/U16 - R1             |                           | WORKSHOP COACHES ( COMB EVENTS)    |
| MAR - 29  |                               | SELECTION MATCH U16                                   | ROAD RACE RELAY -<br>ROD  |                                    |
| APR - 05  |                               | U18 NATIONAL CHAMPS - HEATS                           | MCB YOUTH CHAMP -<br>ROD  |                                    |
| APR - 06  |                               |   |                           |                                    |
| APR - 12  |                               | U18 NATIONAL CHAMPS - FINAL                           | KIDS ATHLETICS - ROD      |                                    |
| APR - 19  |                               |   |                           |                                    |

|                |                               |   |                     |   |
|----------------|-------------------------------|---|---------------------|---|
| APR - 26       |                               | U16 NATIONAL CHAMPS - HEATS               |                     | TRAINING CAMP CJSOI + IOIG 2027 ( 21 - 26 APRIL ) |
| MAY - 03       |                               | U16 NATIONAL CHAMPS - FINAL               |                     |   |
| MAY - 10       |                               | U20 NATIONAL CHAMPS - HEATS               | JEUX RODRIGUES      | TRAINING CAMP + COMP FRA ( TBC )                  |
| MAY - 17       | MATCH U16 REU - MRI           | U20 NATIONAL CHAMPS - FINAL               |                     |   |
| MAY 24 - 25    | MATCH U18 / U20 MRI-REU       |   |                     |   |
| MAY - 25       |                               |   |                     |   |
| MAY - 31       |                               | MAA TRIALS                                |                     |   |
| JUNE - 07      | (06 - 15) REG 5 YOUTH GAMES   | YOUTH COMBINED EVENTS<br>U12/U14/U16 - R2 |                     |   |
| JUNE - 14      |                               | MAA TRIALS                                |                     | WORKSHOP COACHES ( COMB EVENTS)                   |
| JUNE - 22      |                               |   |                     |   |
| JUNE - 28      |                               | MAA TRIALS                                |                     |   |
| JULY - 05      |                               | VITAL SENIOR NATIONAL CHAMPS - HEATS      |                     |   |
| JULY - 12      |                               | VITAL SENIOR NATIONAL CHAMPS - FINAL      |                     |   |
| JULY - 14 - 18 | U18 / U20 AFRICAN CHAMPS      |   | ROD - L1 CROSS      |   |
| JULY - 19      |                               |   |                     |   |
| JULY - 26      |                               |   | ROD - L2 CROSS      | TRAINING CAMP CJSOI ( 21 - 25 JULY )              |
| AUG - 02       | CJSOI (01 - 10 Aug )          |   |                     |   |
| AUG - 09       |                               |   |                     |   |
| AUG - 16       |                               | YOUTH COMBINED EVENTS<br>U12/U14/U16 - R3 | ROD - L3 CROSS      |   |
| AUG - 23       |                               |   |                     |   |
| AUG - 30       |                               |   | ROD - FIN REG CROSS |   |
| SEP - 06       |                               |   |                     |   |
| SEP - 13       |                               |   |                     |   |
| SEP - 13/21    | WORLD ATHLETICS CHAMPS, TOKYO |   |                     | NAR - ROD   |
| SEP - 20       |                               |   |                     |   |
| SEP - 27       |                               |   |                     |   |

|                 |  |  |  |   |
|-----------------|--|--|--|---|
| <b>OCT - 04</b> |  |  |  | <b>NAR - MRI</b>                              |
| <b>OCT - 11</b> |  |  |  | <b>WORKSHOP SEASON 26 ( COA + NTO + MAA )</b> |
| <b>OCT - 18</b> |  |  |  |   |
| <b>OCT - 25</b> |  |  |  |   |
| <b>NOV - 01</b> |  |  |  |   |
| <b>NOV - 08</b> |  | <b>U10/U12/U14 NATIONAL CHAMPS - HEATS</b> |  |   |
| <b>NOV - 15</b> |  | <b>U10/U12/U14 NATIONAL CHAMPS - FINAL</b> |  |   |
| <b>NOV - 22</b> |  |  |  |   |
| <b>NOV - 29</b> |  | <b>YCE - FINAL</b>                         |  |   |
| <b>NOV - 30</b> |  |  |  |   |
| <b>DEC - 06</b> |  | <b>RELAY CHAMPIONSHIPS - HEATS</b>         |  |   |
| <b>DEC - 13</b> |  | <b>RELAY CHAMPIONSHIPS - FINAL</b>         |  | <b>TRAINING CAMP IOIG 2027 (15 - 19 DEC )</b> |
| <b>DEC - 20</b> |  |  |  |   |
| <b>DEC - 27</b> |  |  |  |   |