



LOOP 1: 2 - A - H - J - 2 = 800 M

LOOP 2: 2 - A - B - G - H - J - 2 = 1.2 KM

LOOP 3: 2 - A - B - C - D - E - F - G - H - J - 2 = 1.5 KM

TIME	AGE GROUP	COURSES	DISTANCE	TIME	AGE GROUP	COURSES	DISTANCE
09.10 H	SEN - MEN	1 + 1 X LOOP 2 + 4 X LOOP 3	7 KM 200	11.10 H	U20-WOMEN	1 + 1 X LOOP 2 + 2 X LOOP 3 - O	5 KM
09.15 H	U10 - BOYS	1 + 2 - A - H - J - 1 - O	0.9 KM		SEN-WOMEN	1 + 1 X LOOP 2 + 2 X LOOP 3 - O	5 KM
09.25 H	U10 - GIRLS	1 + 2 - A - H - J - 1 - O	0.9 KM		U18 - BOYS	1 + 1 X LOOP 2 + 2 X LOOP 3 - O	5 KM
09.40 H	U12 - BOYS	1 + 2 - A - B - G - H - J - 1 - O	1.3 KM	11.30 H	MAS-WOMEN	2 - A - H - J + 2 X LOOP 3 - O	3.8 KM
09.50 H	U12 - GIRLS	1 + 2 - A - B - G - H - J - 1 - O	1.3 KM		U18 - GIRLS	2 - A - H - J + 2 X LOOP 3 - O	3.8 KM
10.10 H	U14 - BOYS	1 + 1 X LOOP 2 + 1 X LOOP 3 - O	2.8 KM		U16 - BOYS	2 - A - H - J + 2 X LOOP 3 - O	3.3 KM
	U16 - GIRLS	1 + 1 X LOOP 2 + 1 X LOOP 3 - O	2.8 KM	11.45 H	U12-MIXED RELAY	2 BOYS + 2 GIRLS	4 X 300 M
10.30 H	U14 - GIRLS	1 + 1 X LOOP 1 + 1 X LOOP 2 - O	2.1 KM	11.55 H	U14 - MIXED RELAY	2 BOYS + 2 GIRLS	4 X 500 M
10.45 H	U20 - MEN	1 + 1 X LOOP 1 + 3 X LOOP 3 - O	5.7 KM	12.05 H	FUN RUN	OPEN TO ALL	1.5 KM
	MAS - MEN	1 + 1 X LOOP 1 + 3 X LOOP 3 - O	5.7 KM				