

2023

DATES	INTERNATIONAL	NATIONAL	REGIONAL	FORMATIONS / TRAINING CAMP
JANUARY				
1	HAPPY NEW YEAR			
2	HAPPY NEW YEAR			
8 JAN – 18 FEB			Regional Cross Country Championships	
22	CHINESE SPRING FESTIVAL		Q/Bornes Regional Cross Country, Sodnac	
28 JAN – 4 FEB				TRAINING CAMP MIDDLE DISTANCE – IOIG 2023
28	COMPETITION IN ST DENIS		1 ST Leg – VITAL Regional Cross Country League, Oyster Bay	
FEBRUARY				
1	ABOLITION OF SLAVERY			
4	THAIPOOSAN CAVADEE		2 nd Leg – VITAL Regional Cross Country League – Cité Patate	
11			3 rd Leg – VITAL Regional Cross Country League – Pointe Coton	
12	REGIONAL CROSS COUNTRY, REUNION ISLAND		VCPH Regional Cross Country - Sodnac	
17				
18			Black River Regional Cross Country, Sparc/Gros Cailloux	
18	MAHA SHIVRATREE			
19				

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25		1 st Leg - VITAL Cross Country League – Sodnac Wellness Park	4 th Leg/FINAL – VITAL Regional Cross Country League, Gravier	
MARCH				
4		2 nd Leg - VITAL Cross Country League – St Felix		
10				
11		3 rd Leg - VITAL Cross Country League – Belle Mare		
12	INDEPENDENCE DAY			
	COMPETITION TOUR IN SOUTH AFRICA-CAPE TOWN			
18		4 th Leg - VITAL Cross Country League – Mont Choisy		
19				
22	UGAADI			
25		Final & National Championships VITAL Cross Country League – Flic en Flac		TOECS LEVEL 1 COURSE : WORKSHOP 2 DAYS, REDUIT
25				
31				

09.01.2023