**MIXED ROAD RELAY 15 KM CIRCUIT & FUN RUN**

**Course Plan**

 A

 B

 C

 D

Mauritius Oceanography Institute

CLUB MED MAURITIUS

Albion beach car park

**Turning Point 5**

**Turning Point 4**

**Turning Point 3**

**Turning Point 2**

START, CHANGE OVER AND FINISH at **Albion Beach Car Park**

**CIRCUIT:** A + B + C + D = 2.5 KM

**08.00 hrs**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **NO** | **CAT** | **GENDER** | **CIRCUITS** | **DISTANCE** |
| **1st Leg**  | SENIORS/MASTERS | MEN | START A – B – C – D – C – B - A | **5 KM** |
| **2nd Leg**  | U20 | MEN | START A – B – C – T/POINT 2 – C – B -A | **4 KM** |
| **3rd Leg** | U18 | BOYS | START A – B – C – T/POINT 3 – C -B - A | **3 KM** |
| **4th Leg** | U16 | GIRLS | START A – B – T/POINT 4 – B - A | **2 KM** |
| **5th Leg** | U14 | GIRLS | START A – B – T/POINT 5 – B - A | **1 KM** |

**09.00 hrs :FUN RUN – CIRCUIT: A + B + C + D = 2.5 KM**