

TIME printout : 20:56

TIME sheduled: 11:10

35 Participants for event 11 : 400 meter Women Heats

Amantle MONTSHO (BOT) 49.54 @ Porto Novo 2

Heat : 1

Lane	ID	Name	Team	Seasons Best	Rank	Time
1	891	COETZEE Miranda	RSA	51.5		
3	815	HAINGURA Mudi-inosensia	NAM			
4	683	GEMECHU Tsige Duguma	ETH	53.83		
5	658	BULABULA Linda	COD	56.2		
6	754	SHIKANDA Jacinta	KEN	53.97		
7	977	MINGILISHI Niddy	ZAM	52.86		
8	1040	SAMIRA Awali Boubacar	NIG	55		

Heat : 2

Lane	ID	Name	Team	Seasons Best	Rank	Time
1	786	DANTE Djénebou	MLI	52.16		
2	655	AKONYI Plamedi	COD	53.6		
3	934	VILJOEN Marlie	RSA	53.33		
4	601	UWARO Rose Ihisa	REF	0		
5	610	BASELE Thomphang	BOT	54.09		
6	1030	MAIGA Jane	TAN	54.68		
7	979	SEPISO Abygirl	ZAM	52.89		

Heat : 3

Lane	ID	Name	Team	Seasons Best	Rank	Time
1	744	MUTUA Veronica	KEN	53.3		
2	975	MAPULA Agness	ZAM	57.1		
3	854	ONOJUVWEVWO Ella	NGR	54.71		
4	818	RAUTENBACH Ane	NAM			
5	611	BOTLOGETSWE Christine	BOT	53.66		
6	782	SIMWAKA Asimenye	MAW	52.9		
7	910	MOLEPO Precious	RSA	52.84		
8	1010	BOUELE BONDO Cecilia	CGO	54..20		

Heat : 4

Lane	ID	Name	Team	Seasons Best	Rank	Time
1	802	RAZIKI Assia	MAR	52.74		
2	985	MAISVOREVA Vimbai	ZIM	53.66		
3	860	USENBOR Joy	NGR	54		
4	912	MPITI Deline	RSA	51.73		
5	820	VASS Nandi	NAM			

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6	701	ZEMEDKUN Msgana Haylu	ETH	54.68		
7	715	ALI Latifa	GHA			

Heat : 5

Lane	ID	Name	Team	Seasons Best	Rank	Time
2	612	JELE Lydia	BOT	53.49		
3	776	NAMAHAKO GEORGES Cynthia	MAD	54.62		
4	840	GEORGE Patience Okon	NGR	52.24		
5	975	MAPULA Agness	ZAM			
6	700	ZARAFO Amarech Zago	ETH	54.28		
7	965	LENI Shida	UGA	52.17		