**PEPSI BLACK U 20 NATIONAL TRIALS**

**SCORING STANDARD**

|  |  |  |
| --- | --- | --- |
| **MEN** | **EVENTS** | **WOMEN** |
|  10.70  | **100m** | 12.24 |
| 21.50 | **200m** |  25.74 |
| 49.24 | **400m** | 57.24 |
| 1 :55.00 | **800m** | 2 :24.00  |
| 4.25.00 | **Mile**  |  4.56.06 |
|  | **100m Hurdles** | 15.20 |
| 15.00 | **110m Hurdles** |  |
| 55.24 | **400m Hurdles** | 63.24  |
| 10:40:00 | **3000 M S/C** |  |
| 47:50:00 | **10,000 / 5,000 m Walk**  | 27:00:50 |
| 1m95 | **High Jump** | 1m50  |
| 3m50 | **Pole Vault** | 2m65 |
| 6m70  | **Long Jump** | 5m50 |
| 14m00  | **Triple Jump** | 12m00 |
| 15m00 | **Shot Put** | 12m00  |
| 45m00  | **Discus** | 38m00 |
| 48m00  | **Hammer** | 42m00 |
| 58m00  | **Javelin** | 44m00  |