

VITAL REGIONAL GRAND PRIX DAY 1 - THURSDAY 5TH MAY 2022 MARYSE JUSTIN STADIUM - REDUIT



16H00 16H00	-	400M HURDLES POLE VAULT	MEN MEN/WOMEN	FINAL FINAL
16H15	-	400M HURDLES	WOMEN	FINAL
16H30	-	10,000 M 10,000 M	MEN WOMEN	FINAL FINAL
16H45 16H55	- -	VICTORY CEREMONY VICTORY CEREMONY	400 MH 400 MH	MEN WOMEN
17H10	-	VICTORY CEREMONY	POLE VAULT	MEN

DAY 2 - SATURDAY 7TH MAY 2022 COTE D'OR NATIONAL SPORTS COMPELX

10H00		5,000 M	MEN	FINAL	
	-	5,000 M	WOMEN	FINAL	
10H05	-	HAMMER	WOMEN	FINAL	
10H10	-	SHOT PUT	MEN	FINAL	
10H15	-	TRIPLE JUMP	WOMEN	FINAL	
10H30	-	400M	MEN	1st Round	Heat 1
	-	400M	MEN	1st Round	Heat 2
	-	400M	MEN	1st Round	Heat 3
10H50	-	VICTORY CEREMONY	5,000 M	MEN	
10H55	-	VICTORY CEREMONY	5,000 M	WOMEN	
11H05	-	400M	WOMEN	1st Round	Heat 1
	-	400M	WOMEN	1st Round	Heat 2
11H20	-	VICTORY CEREMONY	HAMMER	WOMEN	
11H30	-	VICTORY CEREMONY	SHOT PUT	MEN	
11H35	-	HIGH JUMP	MEN	FINAL	
11H40	-	HAMMER	MEN	FINAL	
11H45	-	SHOT PUT	WOMEN	FINAL	
11H50	-	VICTORY CEREMONY	TRIPLE JUMP	WOMEN	
12H00	-	VICTORY CEREMONY	SHOT PUT	MEN	
11H55	-	100M	WOMEN	1st Round	Heat 1
12H02	-	100M	WOMEN	1st Round	Heat 2
12H15	-	100M	MEN	1st Round	Heat 1
12H22	-	100M	MEN	1st Round	Heat 2
12H30	-	100M	MEN	1st Round	Heat 3
<u>INTERVAL</u>					
13H00	-	TRIPLE JUMP	MEN	FINAL	
	-	HIGH JUMP	WOMEN	FINAL	
13H00	-	400 M	WOMEN	FINAL	
13H05	-	VICTORY CEREMONY	HIGH JUMP	MEN	

13H15	-	VICTORY CEREMONY	HAMMER	MEN
13H25	-	400 M	MEN	FINAL
13H35 13H45	-	VICTORY CEREMONY VICTORY CEREMONY	400 M SHOT PUT	WOMEN WOMEN

13H55 14H05	-	1,500 M 1,500 M	WOMEN MEN	FINAL FINAL
14H15	-	VICTORY CEREMONY	400 M	MEN
14H25	-	100M	WOMEN	FINAL
14H30	-	VICTORY CEREMONY	1,500 M	WOMEN
14H40	-	VICTORY CEREMONY	1,500 M	MEN
14H50	-	VICTORY CEREMONY	100 M	WOMEN
15H00	-	100 M	MEN	FINAL
15H10	-	VICTORY CEREMONY	TRIPLE JUMP	MEN
15H20	-	VICTORY CEREMONY	HIGH JUMP	WOMEN
15H30	-	VICTORY CEREMONY	100M	MEN

DAY 3 - SUNDAY 8 TH MAY 2022 COTE D'OR NATIONAL SPORTS COMPLEX

09H30	-	3,000 M S/C	MEN	FINAL	
09H35	-	DISCUS	MEN	FINAL	
09H40	-	JAVELIN	WOMEN	FINAL	
09H45	-	LONG JUMP	WOMEN	FINAL	
09H50 10H03	-	200 M 200M	WOMEN WOMEN	1st Round 1st Round	Heat 1 Heat 2
10002	-	200101	WOWEN	ISt Round	neal 2
10H20	-	200M	MEN	1st Round	Heat 1
10H27	-	200M	MEN	1st Round	Heat 2
10H35	-	200M	MEN	1st Round	Heat 3
10H40	-	VICTORY CEREMONY	3,000M S/C	MEN	
10H50	-	DISCUS	WOMEN	FINAL	
11H00	-	JAVELIN	MEN	FINAL	
11H10	-	LONG JUMP	MEN	FINAL	
11H20	-	800 M	WOMEN	FINAL	
11H30	-	800M	MEN	FINAL	
11H35	_	VICTORY CEREMONY	DISCUS	MEN	
11H45	_	VICTORY CEREMONY	JAVELIN	WOMEN	
11H55	-	110 M HURDLES	MEN	FINAL	
421105					
12H05	-	VICTORY CEREMONY VICTORY CEREMONY	LONG JUMP 800M	WOMEN WOMEN	
12H15 12H25	-	VICTORY CEREMONY	800M	MEN	
12823	-		800101		
12H35	-	100 M HURDLES	WOMEN	FINAL	
12H45	-	VICTORY CEREMONY	DISCUS	WOMEN	
12H55	-	VICTORY CEREMONY	JAVELIN	MEN	
13H05	-	VICTORY CEREMONY	LONG JUMP	MEN	
13H15	-	200 M	WOMEN	FINAL	

13H20	-	VICTORY CEREMONY	110 MH	MEN
13H30		VICTORY CEREMONY	100MH	WOMEN
13H50	-	200 M	WOMEN	FINAL
14H00	-	VICTORY CEREMONY	200 M	WOMEN
14H10		VICTORY CEREMONY	200 M	MEN

02.05.2022