Record de l’heure

**Friday 28 January 2022**

**Maryse Justin Stadium**

**Programme**

**16H00 30Mins U18 M & W**

**16H35 45Mins U20 M & W**

**17H30 60Mins 20+ M & W**

TEST

**U18 - U20 & SR**

**SATURDAY 29 JANUARY 2022**

**MARYSE JUSTIN STADIUM**

**PROGRAMME**

**09H30 300M (W)**

 **POLE VAULT (M)**

 **HAMMER (M) (W)**

**09H40 300M (M) FIN 1**

**09H50 300M (M) FIN 2**

**10H00 300M (M) FIN 3**

**10H05 300M (M) FIN 4**

**10H15 300M (M) FIN 5**

**10H25 1000M (M) &(W)**

 **LONG JUMP (W) SHOT PUT (M)**

**10H40 150M (W) FIN 1**

**10H48 150M (W) FIN 2**

**10H55 150M (M) FIN 1**

**11H05 150M (M) FIN 2**

**11H15 150M (M) FIN 3**

**11H25 150M (M) FIN 4**

**11H30 150M (M) FIN 5**

 **LONG JUMP (M) FIN A**

 **LONG JUMP (M) FIN B**

 **SHOT PUT (W)**

**11H45 500M (M)& (W)**

**26.01.2022**