



E-NEWSLETTER

2ND EDITION JUNE 2021

THE 110M HURDLER AT HIS FIRST OLYMPIC GAMES



MAA TO BID FOR
THE 22ND SENIOR
AFRICAN
CHAMPIONSHIPS
IN 2022

NEW NATIONAL RECORD

THE 22ND
SENIOR AFRICAN
CHAMPIONSHIPS
IN LAGOS
CANCELLED

DIGITAL
LICENCE

RESULTS FROM
RODRIGUES
& TEST RESULTS

Early success
and relative
age in youth
athletics

ATHLETES'
COMMISSION





(President Message)

After the release of our first E-Newsletter last month, we are here with our second edition. Due to the persisting Covid 19 pandemic in our country, unfortunately the MAA could not resume to normal activities. Of course, this unfortunate situation is surely affecting the athletics family in various ways. Nevertheless, the MAA is taking constructive actions to keep the athletics family alive through E-meeting with different commissions, tests for athletes, E-workshop and among others.

Despite the cancellation of the Senior African Championships this year, one of the major competitions for our athletes, we have witnessed some honorable tests results by some of them. The coming months are optimistic ones ahead as we have athletes who are engaged in the Olympic Games 2020 and World U20 Championships. The MAA is providing the best support to these athletes in their preparation for these major competitions. At the sametime, we are abiding by all the sanitary measures requested by the government.

Moreover, with the permission of the government, the MAA will bid for the organization of the 22nd Senior African Championships for 2022 where an approximate of 45 countries would be participating.

Undoubtedly, the roads ahead are tough but the resilience of each and every stakeholder will make athletics thrive.

PARAMASIVEN SAMMYNADEN

Jeremie Lararaudeuse at his first Olympic Games



Jeremie Lararaudeuse has been selected by the MAA to represent the country at the 2020 Olympic Games in Toyko, Japan. Out of his 20, he is a young, dynamic and ambitious athlete who wants to excel in his discipline, which is the 110 metres hurdles. In February 2021, he ran a personal best of 14.15 and during the test events in May 2021, he clocked 14.18. Jeremie is under the supervision of his coach, Mr. Georges Vieillesse.

NATIONAL RECORD



Marie Perrier is a Mauritian athlete who is actually based in France. After her 10km national record set in Spain on the 24th April 2021 where she clocked 35.45, she has smashed her own 5000m national record this time. She was timed 16.52.76 in Albi, France on the 22nd of May 2021.

CANCELLATION OF SENIOR AFRICAN CHAMPIONSHIPS

Unfortunately, the 22nd Senior African Championships have been cancelled by the Confederation of African Athletics which were planned to take place in Lagos, Nigeria from June 23 to June 27, 2021. The scientific commission of Nigeria has not given the green light to host such as major event.

THE MAA BIDS FOR THE 22ND SENIOR AFRICAN CHAMPIONSHIPS 2022

After the 8th and 15th Senior African Championships which were held with success in Mauritius in 1992 and 2006 respectively, the MAA has positioned itself as bidder for the 22nd edition which is expected to be organized in June 2022. With the approval of the government, the MAA will bid officially and the winning country may be known by the end of this month.

The main objective of the bid is to motivate the members of the Athletics Family to go back to training, to organizations and to competitions during this dramatic period of the pandemic of COVID 19.

Our national athletes who will be in the team will position themselves for the 2022 Commonwealth Games, Jeux de la Francophonie and the 2023 Indian Ocean Islands Games. It will be a good warm-up for our organizers and National Technical Officials for the Jeux CJSOI. The Organization of the Championships will bring our athletics and our country back on the African Sports Map.


*The Confederation of African Athletics will organize its Elective Congress during 3 days prior the start of the Championships. **Lord Sebastien Coe**, the President of World Athletics and at least 8 Council Members of the World Athletics will attend.*

The 54 Countries who are members of the Confederation of African Athletics will be invited to participate. According to the CAA Statistics, 45 countries may participate with a total number of some 450 athletes and accompanying officials. African athletes who are also World Champions are expected to be in action.



The Côte d'Or Sports Complex has been identified as the Competition Venue. 44 Events for both men and women will be on the programme.

DIGITAL LICENCE

The Digital Transformation Commission under the chairpersonship of Mr. Ayadassen Suren has come up with digital license. This digital license is unique to each member. It contains important information about the person whose name is being displayed on it. The licence is an important document for each and every member of the MAA athletics family and specially athletes as it is accompanied by an insurance policy. As at date, the MAA has delivered the digital license to every member via their individual e-mail address. Photos and ID will be followed next year. Below is a sample of the digital licence.


 MAURITIUS ATHLETICS ASSOCIATION <div style="border: 1px solid black; width: 150px; height: 100px; margin: 10px auto; text-align: center; line-height: 100px;">(Photo of Licencee)</div>	SURNAME		SERIAL No.	
	NAME		LICENCE No	
	ID No		TYPE	
	ADDRESS		CATEGORY	
	E-MAIL		GENDER	
			BIRTH DATE	
CLUB		PHONE No		
		REGION		

I, the abovenamed, certify that the information provided above by me is true & correct. I do hereby confirm that I am fully aware of the Rules & Regulations and Bye Laws of the Mauritius Athletics Association and I do hereby commit to abide by them. I certify that I am medically fit for training & the practice of competitive Athletics at Regional, National & International Levels. I also confirm that I am a member of the abovenamed Club. If I am under 18 years old, I also confirm that my parent/s and/or guardian/s are fully aware of my participation in training & competitions organized by or under the aegis of MAA.

MAA LICENCING
OFFICER

Claude Duval



MAA ATHLETES' COMMISSION



The new MAA Athletes' Commission was set up in February 2020. It is composed of highly motivated former athletes who have represented the country on several occasions worldwide, at different levels and in a variety of track and field events. The vision of this commission is to help and guide the athletes in their quest of always enhancing their athletics performance. Our mission is therefore to empower our athletes in terms of their Rights, Welfare and Responsibilities.

Unfortunately, due to the health crisis linked to the Covid 19 pandemic, we were forced to review and postpone all the activities planned by the commission. However, last year we were alongside the athletes during all competitions and on different training sites to provide them with the required support. The Athletes' Commission team strives to work all together to ensure that the athletes are treated with due consideration and fairness. We also ensure that the athletes' voices are heard and this is mainly achieved through continuous collaboration and communication among athletes, athletes' commission and federation management. The athletes' welfare remains at the heart of our priorities.

The Athletes' Commission also works with the federation and supports its members in their mission to promote Athletics. In this context, several members of the commission sit on the organising committee of different competitions and workshops.

The athletes can be assured that during this difficult time, the members of the Athletes' Commission and myself will support them to the best of our ability.

The members of the commission are: Lenseley Juhel, Arielle Dantier, Judex Lefou, David Victoire, Annabelle Lascar-Josée, Eric Milizar, Jenita Lebrasse and Fabio Ramsamy.

Lenseley JUHEL

President

MAA Athletes' Commission

TESTS' RESULTS

MAURITIUS ATHLETICS ASSOCIATION					
TESTS					
MARYSE JUSTIN STADIUM, REDUIT					
Saturday 22 May 2021					
RESULTS					
100 M			MEN	W : + 3	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Jeremie	LARARAUDEUSE	20+	R HILL AC	10.76	1
Niskens	KADARASSEN	U 20	R HILL AC	10.97	2
SHOT PUT			MEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Bernard	BAPTISTE	20+	CAMP DU ROI AC	16m65	1
TRIPLE JUMP			MEN/WOMEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Liliane	POTIRON	20+	CAMP DU ROI	12M93	1
Christopher	DURHONNE	U18	RHILL AC	11M33	1
Damien	POLIMON	20+	RHILL AC	13M46	1
HAMMER			MEN / WOMEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Ranversihng	TEELWAH	20+	R HILL AC	26m40	1
Celine	ROQUE	U 20	LA CAV	41m00	1
DISCUS			MEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Christopher	SOPHIE	20+	PE WARRIORS A	53m38	1
200 M			MEN	W: .+1.5	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Cyril	RASOAMANANA	20+	R HILL AC	21.58	1
Alvin	RUGHOODASS	U20	MED AC	22.37	2
Sebastien	CLARICE	20+	PL RAC AC	22.43	3

MAURITIUS ATHLETICS ASSOCIATION

LONG JUMP		MEN / WOMEN				
NAME	SURNAME	CAT	CLUB	PERF	WIND	RANK
Machella	FEVRIER	U20	BRS AC	5m26	+.0.2	1
Kimberley	RAMASAWMY	20+	R HILL AC	4m94	+.3	2
Ashley	TELVAVE	20+	QB MAG AC	4m70	+.5.2	3
Adel	CUPIDON	20+	R HILL AC	6m61	+.1.9	1
Fabrice	ANTOINE	20+	R HILL AC	6M58	+.3.8	2
200 M			WOMEN	W: +2.8		
NAME	SURNAME	CAT	CLUB	PERF		RANK
Claudine	NJARSOA	20+	MAD	25.49		1
Oceanne	MOIRT	U 20	CPE WAR AC	25.50		2
Aurelie	BAPTISTE	20+	R HILL AC	28.45		3
HIGH JUMP			MEN			
NAME	SURNAME	CAT	CLUB	PERF		RANK
Dezardi	PROSPER	20+	P GAB	2m00		1
Jeremie	LETANDRIE	20+	BR S	NM		

MAURITIUS ATHLETICS ASSOCIATION						
TESTS						
MARYSE JUSTIN STADIUM, REDUIT						
Saturday 29 May 2021						
RESULTS						
110 M H			MEN	W : + 0.0		
NAME	SURNAME	CAT	CLUB	PERF		RANK
Jeremie	LARARAUDEUSE	20+	R HILL AC	14.23		1
Eliam	CHENGABRAYDOO	U 20	R HILL AC	18.45		2
100 M			MEN	W : + 0.0		
NAME	SURNAME	CAT	CLUB	PERF		RANK
Cyril	RASOAMANANA	20+	R HILL AC	10.72		1
Noa	BIBI	20+	PL RAC AC	10.75		2
Sebastien	CLARICE	20+	PL RAC AC	11.22		3
100 M			MEN / WOMEN	W : + 2.0		
NAME	SURNAME	CAT	CLUB	PERF		RANK
Orphée	TOPIZE	U14	R HILL AC	11.39		1
Claudine	NJARASOA	20+	MAD	12.08		1

MAURITIUS ATHLETICS ASSOCIATION

400M			WOMEN				
NAME	SURNAME	CAT	CLUB	PERF	RANK		
Amelie	ANTHONY	20+	CAMP DU ROI AC	58.43	1		
Andrea	TALBOTIER	U18	MED AC	1.03.60	2		
Oceanne	MOIRT	U20	CPE W AC	1.06.74	3		
400M			MEN				
NAME	SURNAME	CAT	CLUB	PERF	RANK		
Cyril	RASOAMANANA	20+	R HILL AC	48.78	1		
Sebastien	CLARICE	20+	PL RAC AC	50.89	2		
Joshua	VENCATASAMY	20+	PL RAC AC	52.00	3		
400M			MEN / WOMEN				
NAME	SURNAME	CAT	CLUB	PERF	RANK		
Noa	BIBI	20+	R HILL AC	49.14	1		
EMILIO	GASPARD	20+	MED AC	57.38	2		
Ashley	TELVAVE	20+	QB MAG AC	1.09.17	1		
800M			MEN				
NAME	SURNAME	CAT	CLUB	PERF	RANK		
Yaseen	KAHAAR	20+	CPE W AC	2.01.88	1		
Robbie	PYNDIAH	20+	QB PAV AC	2.06.79	2		
LONG JUMP		MEN / WOMEN					
NAME	SURNAME	CAT	CLUB	PERF	WIND	RANK	
Liliane	POTIRON	20+	C DU ROI AC	5m61	+.1.1	1	
Machella	FEVRIER	U20	BRS AC	5m27	+.0.0	2	
Kimberley	RAMASAWMY	20+	R HILL AC	4m81	+.0.1	3	
Fabrice	ANTOINE	20+	R HILL AC	6m53	+.2.1	1	
Damien	POLIMONT	20+	R HILL AC	6m32	+.0.0	2	
Christopher	DURHONNE	U18	R HILL AC	5m05	+.1.2	3	
	TRIPLE JUMP		MEN / WOMEN				
	NAME	SURNAME	CAT	CLUB	PERF	WIND	RANK
W	Liliane	POTIRON	20+	C DU ROI AC	12m82	+.0.0	1
M	Damien	POLIMONT	20+	R HILL AC	13m24	+.0.3	1
M	Christopher	DURHONNE	U18	R HILL AC	NM		

MAURITIUS ATHLETICS ASSOCIATION

HIGH JUMP			MEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Dezardin	PROSPER	20+	P GAB AC	2m00	1
DISCUS			MEN / WOMEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Christopher	SOPHIE	20+	CPE W AC	53m97	1
Laetitia	GERMAIN	U20	SOU AC	34m62	1
SHOT PUT			MEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Bernard	BAPTISTE	20+	C DU ROI AC	16m69	1
JAVELIN			MEN		
NAME	SURNAME	CAT	CLUB	PERF	RANK
Esteban	FLORINE	20+	ANG RED AC	46m62	1
Nicolas	CUPIDON	U20	CHE GRE AC	45m63	2

MAURITIUS ATHLETICS ASSOCIATION					
TESTS					
MARYSE JUSTIN STADIUM, REDUIT					
SATURDAY 19 JUNE 2021					
RESULTS					
HAMMER				MEN/WOMEN	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Celine	ROQUE	U 20	LA CAVERNE AC	39m12	1
Olivier	CLARICE	U 20	ROSE BELLE AC	32m80	1
Ranveesingh	TEELWAH	20+	R HILL AC	27m54	2
DISCUS				MEN/WOMEN	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Christopher	SOPHIE	20+	CPE WAR AC	49m81	1
Laetitia	GERMAIN	U20	R BELLE AC	34m50	1
Camille	ROUSSEAU	U20	R HILL AC	30m05	2
110 M HURDLES				MEN	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Jérémie	LARARAUDEUSE	20+	R HILL AC	14.23	1

MAURITIUS ATHLETICS ASSOCIATION

				MEN	
600 M					
NAME	SURNAME	CAT	CLUB	PERF	RANK
Yaaseen	KAHAAR	20+	CPE WAR AC	1.23.12	1
Robbie	PYNDIAH	20+	QB PAVILLON AC	1.25.01	2
				MEN	
HIGH JUMP					
NAME	SURNAME	CAT	CLUB	PERF	RANK
Dezardin	PROSPER	20+	PETIT GABRIEL AC	2m00	1
Jérémie	LETANDRIE	20+	BL RIVER STAR AC	1m90	2
				MEN	
HIGH JUMP					
NAME	SURNAME	CAT	CLUB	PERF	RANK
Dezardin	PROSPER	20+	PETIT GABRIEL AC	2m00	1
Jérémie	LETANDRIE	20+	BL RIVER STAR AC	1m90	2
				WOMEN	
100 M - HEAT 1				W:+1.1	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Amelie	ATHONY	20+	CAMP DU ROI AC	12.17	1
Oceanne	MOIRT	U20	CPE WAR AC	12.21	2
Machella	FEVRIER	U20	BL RIVER STAR AC	13.76	3
Anais	LESTE	U18	MEDINE AC	14.39	5
				MEN	
100 M - HEAT 2				W:-0.7	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Jordan	CHRISTOPHE	20+	B BASSIN AC	10.98	1
Kirsty	DORASAMI	20+	FAU FLQ AC	11.35	2
Owen	RABAYE	20+	FAU FLQ AC	11.47	3
				MEN	
100 M - HEAT 3				W:0.0	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Jean Baptiste	NAZIRA	20+	FAU FLQ AC	11.16	1
Mohammed	ABUKHOUSA	20+	BL RIVER STAR AC	11.25	2
Fabrice	ANTOINE	20+	R HILL AC	11.98	3
				MEN / WOMEN	
TRIPLE JUMP					
NAME	SURNAME	CAT	CLUB	PERF	RANK
Liliane	POTIRON	20+	CAMP DU ROI AC	13m11 (W :1.2)	1
Damien	POLIMONT	20+	R HILL AC	14m10 (W:1.7)	1

MAURITIUS ATHLETICS ASSOCIATION

400 M				MEN / WOMEN	
NAME	SURNAME	CAT	CLUB	PERF	RANK
Ashley	TELVAVE	20+	QB MAGIC AC	1.08.11	1
Cyrille	RASOAMANANA0	20+	LG MOUNT WAR AC	49.24	1
Frank	RABEARISON	20+	AADC	49.88	2
Hans	GOODORALLY	20+	MEDINE AC	51.48	3
Samuel	VIELLEUSE	20+	CPE WAR AC	52.29	4

RESULTS –RENCONTRE DE PREPARATION IN RODRIGUES

RENCONTRE DE PREPARATION VENDREDI 28 MAI 2021 STADE DE CAMP DU ROI RESULTATS			
SERIE1	100M DAME	VENT -4.6	
RANG	NOM	CAT	PERF
1	RABOUDE Veronique	20+	12.7
2	SPEVILLE HORTENSE Joanita	U20	13.3
3	LEOPOLD Doriana	U18	13.5
4	PAULINE Sheryl	U16	13.8
5	GENTIL Fanielle	U18	14.1
6	RAVINA Gwenaelle	U18	14.7
SERIE2	100M DAME	VENT -0.2	
RANG	NOM	CAT	PERF
1	PERRINE Sherilane	U16	14.4
2	ESPIEGLE Ingrid	U16	14.7
3	LEGENTIL Riona	U14	14.8
4	AZIE Lyarisa	U14	15.0
5	MERCURE Sophie	U16	16.0
6	HORTENSE Siryane	U14	17.0
7	MILAZAR Lia	H.SPORT	18.9
SERIE3	100M DAME		
RANG	NOM	CAT	PERF
1	JOLICOEUR M Celena	U14	14.3
2	RIACCA M S Anandry Madison	U14	16.0
3	CATHERINE Mary Jade	U16	16.2
4	CATHERINE M Keith	U12	16.4
5	ANDRE A Gwenaelle	U16	16.6
6	MONDRE Syriane Enora	U14	16.9
7	BEGUE Stelly	H.SPORT	18.1

MAURITIUS ATHLETICS ASSOCIATION

400M DAME			
RANG	NOM	CAT	PERF
1	RABOUDE Veronique	20+	1.00.2
2	SPEVILLE HORTENSE Anne Laure	U18	1.01.9
800M DAME			
RANG	NOM	CAT	PERF
1	BAPTISTE Leensha	U16	3.05.8
1500M DAME			
RANG	NOM	CAT	PERF
1	MILAZAR Antoinette	20+	5.15.5
LONGUEUR-DAME			
RANG	NOM	CAT	PERF
1	JOLICOEUR Serena	U14	4M26
2	PERRINE Sherilane	U16	4M02
3	PERRINE Yanisha	U16	3M91
4	ANDRE Anne Gwenaelle	U16	3M81
5	HORTENSE M Syriane	U14	3M75
6	RENE Valerie	U16	3M73
7	LEGENTIL Riona	U14	3M72
8	MERCURE Sophie	U16	3M65
9	BEGUE Stelly	H.SPORT	3M56
10	MONDRE Syriane	U14	3M28
11	ESPIEGLE Ingrid	U16	-
MARTEAU-DAME			
RANG	NOM	CAT	PERF
1	CLAIR Juliane	20+	49M72
2	SAMOISY Astridge	20+	44M40
3	SWEE Sharonne	U18	38M90
4	GENTIL Doan Yael	U16	29M90
5	GENTIL Ashly	U14	27M25
POIDS-DAME			
RANG	NOM	CAT	PERF
1	LOUIS Estelle	20+	12M00
2	CLAIR Brigilla	20+	11M20
3	SWEE Sharonne	U18	09M37
4	GENTIL Ashly	U14	09M35
5	EDOUARD Marie Aurelie	U16	07M79
SERIE1 100M HOMME			
RANG	NOM	CAT	PERF
1	AUGUSTIN Jesley	20+	11.5
2	AGATHE Oliver	U16	11.8
3	AZIE Carlos	U18	12.1
4	HANSLEY Ethan Andrew	U16	12.5
400M HOMME			
RANG	NOM	CAT	PERF
1	TENGRY Farell	20+	51.6
2	AZIE Carlos	U18	54.4
3	EDOUARD Arlando	U18	58.5

MAURITIUS ATHLETICS ASSOCIATION

800M HOMME				
RANG	NOM	CAT	PERF	
1	MARIANNE Jameson	20+	1.59.9	
2	MOMUS Jeremy	U20	2.02.5	
3	ALBERT Justin	U18	2.09.5	
4	LEGENTIL Parama	U18	2.10.0	
5	TOLBIZE Louis Stephane	U18	2.22.1	
6	PIERRE LOUIS Lucas	U16	2.26.6	
7	MILAZAR Steven	U16	2.38.9	
8	PERRINE Ragouel	U16	2.53.8	
1500M HOMME				
RANG	NOM	CAT	PERF	
1	EDOUARD Rickinson	20+	4.32.6	
2	EDOUARD Mathew	U20	4.32.9	
3	FRANCOIS Bryan	20+	4.37.5	
4	FLORE Liraud	20+	4.37.8	
5	ST PIERRE Adrien	U18	4.48.7	
6	CASTEL Adrien	U16	5.37.4	
7	CASIMIR Alexandre	U16	6.09.3	
LONGUEUR - HOMME				
RANG	NAME	CAT	PERF	VENT
1	PERRINE Emmanuel	20+	7M04	+0.9
2	GENTIL Alexandre	20+	6M88	+0.8
3	CAPDOR Eddy	H.SPORT	6M59	+0.1
4	PIERRE LOUIS Brice	20+	6M10	+1.1
5	LEGENTIL Kurtis	U18	6M00	+0.9
6	PERRINE Mcferlham Davis	U18	5M92	+1.5
7	GENTIL Lilian	U18	5M87	+0.2
8	VIEILLESSE Henri	U18	5M60	+0.4
9	PERRINE Hensley	U16	5M45	+1.5
10	POLIMON Huctor	U18	5M38	+1.1
11	MONTALENT Adriano	U18	5M24	+1.2
12	LABOITEUSE Yohan	U16	5M12	+1.6
13	PIERRE LOUIS Donovan	U14	3M74	+0.9
HAUTEUR - HOMME				
RANG	NOM	CAT	PERF	
1	PERRINE Emmanuel	20+	1M90	
2	POLIMON Huctor	U18	1M65	
3	GENTIL Lilian	20+	1M60	
4	LEGENTIL Kurtis	U18	1M60	
5	PERRINE Davis Mcferlham	U18	1M60	
6	VIEILLESSE Henri	U18	1M60	
7	PERRINE Hensley	U16	1M55	
MARTEAU - HOMME				
RANG	NOM	CAT	PERF	
1	PERRINE David Emilien	U18	35M90	
2	LISETTE Jean Mckuinsley	U18	26M30	
POIDS - HOMME				
RANG	NOM	CAT	PERF	
1	NOEL Stenio	20+	13M00	
2	EMILIEN Franck Alvin	U18	11M58	
3	LISETTE Jean Mckuinsley	U18	10M20	
4	DORESTAN Ryan	U16	09M64	
5	EDOUARD Jean Carley	U16	09M45	
6	CASIMIR Scott Nigel	U16	09M29	

MAURITIUS ATHLETICS ASSOCIATION

	RENCONTRE DE PREPARATION		
	VENDREDI 04 JUIN 2021		
	STADE DE CAMP DU ROI		
	RESULTATS		
	60M DAME		
RANG	NOM	CAT	PERF
1	JOLICOEUR M Celena	U14	8.8
2	LEGENTIL Riona	U14	9.0
3	AZIE Lyarisa	U14	9.2
4	MERCURE Sophie	U16	9.4
5	CATHERINE M Kate	U12	9.7
6	MONTRE Syriane	U14	10.0
7	BEGUE Stelly	U14	10.2
	100M DAME		
	VENT -2.0		
RANG	NOM	CAT	PERF
1	SPEVILLE HORTENSE Joanita	U20	13.1
2	LEOPOLD Doriana	U18	13.5
3	PAULINE Sheryl	U16	13.7
4	GENTIL Fanielle	U18	14.1
5	RAVINA Gwenaelle	U18	14.5
6	SPEVILLE HORTENSE Anne Laure	U18	14.8
	200M DAME		
	VENT -0.9		
RANG	NOM	CAT	PERF
1	SPEVILLE HORTENSE Joanita	U20	26.5
2	LEOPOLD Doriana	U18	27.1
3	GENTIL Fanielle	U18	28.5
4	RAVINA Gwenaelle	U18	30.7
	300M DAME		
RANG	NOM	CAT	PERF
1	PAULINE Sheryl	U16	44.0
	400M DAME		
RANG	NOM	CAT	PERF
1	RABOUDE Veronique	20+	58.8
2	CASTEL Anastasia	U18	1.02.5
3	SPEVILLE HORTENSE Anne Laure	U18	1.07.1
	800M DAME		
RANG	NOM	CAT	PERF
1	HORTENSE M Siriane	U16	3.00.3
2	BAPTISTE Leensha	U16	3.02.0
	TRIPLE SAUT-DAME		
RANG	NOM	CAT	PERF
1	LEGENTIL Riona	U14	9M37
2	JOLICOEUR Selena	U14	8M04
3	ANDRE Anne Gwenaelle	U16	NM
4	MERCURE Sophie	U16	NM
5	MONDRE Syriane	U14	NM
6	HORTENSE M Siryane	U14	NM
7	BEGUE Stelly	U14	NM

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HAUTEUR-DAME			
RANG	NOM	CAT	PERF
1	ANDRE Anne Gwenaelle	U16	1M15
2	JOLICOEUR Selena	U14	1M15
3	MERCURE Sophie	U16	1M05
4	MONDRE Syriane	U14	1M00
5	HORTENSE Siryane	U14	NM
MARTEAU-DAME			
RANG	NOM	CAT	PERF
1	CLAIR Juliane	20+	48M58
2	GENTIL Doan Yael	U16	29M03
DISQUE-DAME			
RANG	NOM	CAT	PERF
1	LOUIS Estelle	20+	37M50
2	ALLAS Melanie	U20	29M95
3	EDOUARD Marie Aurelie	U16	20M61
4	GENTIL Doann Yael	U16	17M87
JAVELOT-DAME			
RANG	NOM	CAT	PERF
1	CATHERINE Mary Jade	U16	20M94
2	CATHERINE Mary kate Chelly	U12	NM
100M HOMME		VENT -3.4	
RANG	NOM	CAT	PERF
1	PERRINE Emmanel	20+	10.9
2	GASPARD Damien	20+	11.3
3	AUGUSTIN Jesley	20+	11.6
4	AZIE Carlos	U18	12.0
5	AGATHE Oliver	U16	12.3
6	HANSLEY Ethan Andrew	U16	12.6
7	GENTIL Lilian	20+	12.8
200M HOMME			
RANG	NOM	CAT	PERF
1	TENGRY Farell	20+	22.5
2	AUGUSTIN Jesley	20+	23.4
300M HOMME			
RANG	NOM	CAT	PERF
1	AGATHE Oliver	U18	38.9
2	HANSLEY Ethan	U16	41.6
3	PERRINE Hansley	U16	42.4
4	RAMDALLY Rinando	U16	43.8
400M HOMME			
RANG	NOM	CAT	PERF
1	TENGRY Farel	20+	51.8
2	AZIE Carlos	U18	55.2
3	EDOUARD Arlendo	U20	58.2

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800M - HOMME			
RANG	NAME	CAT	PERF
1	MOMUS Jeremy	U20	2.03.0
2	ALBERT Justin	U18	2.07.1
3	EDOUARD Rikinson	20+	2.07.3
4	LEGENTIL Parama	U18	2.08.7
5	ST PIERRE Adrien	U18	2.16.1
6	TOLBIZE Louis Stephan	U18	2.19.3
7	PIERRE LOUIS Lucas	U16	2.28.1
8	MILAZAR Steven	U16	2.30.1
9	CASTEL Adrien		2.30.2

3000M HOMME			
RANG	NOM	CAT	PERF
1	EDOUARD Mathew	U20	9.52.9
2	FRANCOIS Bryan Fils	20+	10.01.6

TRIPLE SAUT - HOMME				
RANG	NAME	CAT	PERF	VENT
1	GENTIL Alexandre	20+	15M63	+2.7
2	VIEILLESSE Henri	U18	13M43	+1.8
3	POLIMON Huctor	U18	13M25	+1.1
4	PERRINE Davis Mcferlham	U18	12M27	+1.1
5	LABOITEUSE Yohan	U16	10M52	+0.5
6	RAMDALLY Rinando	U16	09M92	+0.9
7	PERRINE Hensley	U16	NM	
8	PIERRE LOUIS Donovan	U14	NM	

HAUTEUR - HOMME			
RANG	NOM	CAT	PERF
1	PERRINE Emmanuel	20+	1M80
2	LABOITEUSE Yohan	U16	1M50
3	MONTALENT Adriano	U16	1M50
4	GENTIL Lilian	20+	NM

MARTEAU - HOMME			
RANG	NOM	CAT	PERF
1	PERRINE David Emilien	U18	34M03

DISQUE - HOMME			
RANG	NOM	CAT	PERF
1	NOEL Stenio	20+	39M00
2	EMILIEN Franck Alvin	U18	37M90

JAVELIN - HOMME			
RANG	NAME	CAT	PERF
1	JULIANE Michael	U18	51M85
2	EMILIEN Alvin	U18	40M78
3	GENTIL Lilian	20+	39M43
4	CASIMIR Scott Nigel	U16	30M15
5	LISSETTE Jean Mckuinsley	U18	28M26

Epreuve Ouverte			
SAMEDI 19 JUIN 2021			
CAMP DU ROI			
U16 GIRLS			
100M			
			VENT -1.5
RANG	NOM	CLUB	PERFORMANCE
1	PAULINE Sheryl	CDROI AC	13.5
2	PERRINE Sherilane	CDROI AC	14.3
3	ESPIEGLE Ingrid	CDROI AC	14.6

MAURITIUS ATHLETICS ASSOCIATION

800M			
RANG	NOM	CLUB	PERFORMANCE
HAUTEUR			
RANG	NOM	CLUB	PERFORMANCE
1	PERRINE Sherilane	CDROI AC	1M30
2	LEGENTIL Riona	CDROI AC	1M20
3	BAPTISTE Jade Leensha	CDROI AC	1M20
MARTEAU			
RANG	NOM	CLUB	PERFORMANCE
1	GENTIL Doann Yael		30M07
2	GENTIL Marie Ashly (U14)	CDROI AC	25M665
JAVELOT			
RANG	NOM	CLUB	PERFORMANCE
1	PERRINE Yanisha	R.JOLICOEUR AC	14M07

U16 BOYS			
100M			
RANG	NOM	CLUB	PERFORMANCE
1	HANSLEY Ethan	P.GABRIEL AC	12.2
2	AGATHE Oliver	CDOR AC	12.4
3	RAMDALLY Rinando	CDOR AC	13.4
200M			
RANG	NOM	CLUB	PERFORMANCE
1	MONTALENT Adriano	CDOR AC	25.4
2	PERRINE Hansley	RJOLICOEUR AC	DNS
HAUTEUR			
RANG	NOM	CLUB	PERFORMANCE
1	PERRINE Hansley	RJOLICOEUR AC	1m60
MARTEAU			
RANG	NOM	CLUB	PERFORMANCE
1	AGATHE Tibo	CDROI AC	31M05
JAVELOT			
RANG	NOM	CLUB	PERFORMANCE
1	CASIMIR Scott Nigel		30M75

OPEN GIRLS				
200M				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	RABOUDE Veronique	20+	CDROI AC	26.1
2	SPEVILLE HORTENSE Joanita	U20	CDROI AC	27.1
3	SPEVILLE HORTENSE Anne Laure	U18	CDROI AC	29.1
4	ALBERT Stacy	U18	CDROI AC	30.7
800M				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	CASTEL Anastasia	U18	CDROI AC	2.31.1
2	BEGUE Albertine	U20	CDROI AC	2.36.9
3	GENTIL Fanielle	U18	RJOLICOEUR AC	2.58.4
4	RAVINA Gwenaelle	U18	CDROI AC	3.00.3
5	LEOPOLD Doriana	U18	SOUPIR AC	3.08.8
MARTEAU				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	CLAIR Julianne	20+	CDROI AC	49M91

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OPEN BOYS				
200M				
Serie1				VENT -2.8
RANG	NOM	CAT	CLUB	PERFORMANCE
1	CASIMIR Fernando	U18	CDROI AC	24.4
2	PERRINE Davis McFerlam	U18	CDROI AC	24.6
3	POLIMON Huctor	U18	SOUPIR AC	24.8
4	EDOUARD Arlando	U20	CDROI AC	25.8
Serie2				VENT -0.9
RANG	NOM	CAT	CLUB	PERFORMANCE
1	TENGRY Farell	20+	CDROI AC	23.2
2	AUGUSTIN Jesley	20+	R.JOLICOEUR AC	23.4
3	ANDRE Francois Ory	U18	CDROI AC	23.5
4	GASPARD Damien	20+	CDROI AC	24.0
400M				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	TENGRY Farell	20+	CDROI AC	53.0
2	ANDRE Ory	U18	CDROI AC	53.5
3	AUGUSTIN Jesley	20+	R.JOLICOEUR AC	53.8
4	ALBERT Justin	U18	R.JOLICOEUR AC	54.3
5	EDOUARD Arlando	U20	CDROI AC	1.00.8
800M				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	MARIANNE Jameson	20+	P.GABRIEL AC	1.58.7
2	AZIE Carlos	U18	CDROI AC	2.05.3
3	LEGENTIL Parama	U18	P.GABRIEL AC	2.09.8
4	ST PIERRE Adrien	U18	R.JOLICOEUR AC	2.14.8
5	CASIMIR Oliver			2.17.9
6	TOLBIZE Stephane			2.50.9
3000M				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	MOMUS Jeremy	20+	CDROI AC	9.29.8
2	FRANCOIS Bryan Fils	20+	R.JOLICOEUR AC	9.37.4
3	EDOUARD Rickinson	20+	R.JOLICOEUR AC	9.39.2
4	FLORE Liraud	20+	R.JOLICOEUR AC	9.52.9
5	EDOUARD Mathews	20+	R.JOLICOEUR AC	10.16.8
HAUTEUR				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	PERRINE Emmanuel	20+		2M00
2	POLIMONT Huctor	U18	SOUPIR AC	1M65
3	LEGENTIL Curtis			1M65
4	GENTIL Lilian	20+	CDROI AC	1M60
5	EDOUARD Jordy			1M60
MARTEAU				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	PERRINE David Emilien	U18	CDROI AC	36M10
2	FLORE Jordy Yannick	U18	P.GABRIEL AC	21M75
JAVELIN				
RANG	NOM	CAT	CLUB	PERFORMANCE
1	EMILIEN Franck Alvin	U18	CDROI AC	41M23
2	EDOUARD Jean Adrien Jordy	U20		37M60
3	GENTIL Lilian	20+	CDROI AC	32M07
4	FLORE Jordy Yannick	U18	P.GABRIEL AC	29M78

THE NEXT MAA TESTS HAVE BEEN SCHEDULED FOR THE 26TH JUNE 2021 & 03RD JULY 2021

Early success and relative age in youth athletics: Practical Implications

By Philip Kearney, Javier Brazo-Sayavera, Gennaro Boccia and Philip Hayes.

Quoted from IAAF New Studies in Athletics, Governance in Sport, P. 111-115, no.3/4 2017.

ABSTRACT

To ensure a positive youth sport experience for all athletes, it is imperative that coaches, parents and administrators possess an in-depth understanding of athlete development. In this article the authors provide a review of recent research examining the relationship between success at youth and adult levels in athletics. They focus on the growing evidence that youth success is strongly influenced by an athlete's age relative to his or her peers: the relative age effect. Subsequently, they describe and evaluate a range of initiatives that have been proposed to enhance the youth sport experience in relation to relative age effects. They provide examples that federations and administrators can use to reflect on the broader consequences of their competition structures, and on the use of publicly-accessible national rankings. They also provide examples to help clubs and development officers to reflect upon the methods used to educate all stakeholders, including coaches, parents and the athletes themselves, on the reality of athlete development.

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INTRODUCTION

In the past 12 months a range of articles have been published examining the development of youth track and field athletes. These articles have developed previous work in the context of track and field, and provide coaches and development officers with valuable information to support their practice. In this article, we provide a summary of this recent research related to track and field, as well as suggestions for how these findings can shape the practice of coaches, clubs, development officers and national governing bodies.

The 2016 European Athletics Youth Activities Report identified early specialization as a concern for many national governing bodies. Early specialization refers to athletes prematurely engaging in year-round, adult-like practice of a single sport. It has been associated with an increased risk of athlete burnout, as well as an increased risk of injuries, theoretically increasing the risk of athlete dropout. Furthermore, research in a range of sports has shown that early specialization does not increase the probability of attaining success as an adult. Consequently, models of youth sport structures (e.g Long Term Athlete Development ; Developmental Model of Sport Participation ; LIPSA; Composite Youth Development Model) have consistently presented alternatives to early specialization, which have been incorporated into position papers published by sporting organization such as the International Olympic Committee.

Within athletics specially, evidence against early specialization can be drawn from a number of sources. Examination of performances across athletes' careers has revealed that high performance in young athletes is not associated with later success. More in-depth qualitative examinations of the life-histories of Olympic and World Championships athletes have consistently reported the delaying of specialization until late adolescence within these high achieving individuals. In a carefully controlled analysis, GULLICH matched high-performing German athletes on the basis of their event and ranking at age 19. A questionnaire collected data on their history in athletics (e.g., age at first competition, training hours per year, etc.) and other sports. Relative to their peers who had plateaued in performance from age 19 to 23 (termed weak responders), athletes who continued to develop (termed strong responders) were found to have started athletics at approximately the same age and to have engaged in a similar amount of practice within athletics. The difference between weak and strong responders lay predominantly in the hours spent participating in other sports, particularly before the age of 15 years. This body of literature clearly indicates that early specialization is not a prerequisite for later success in athletics.

One factor that may contribute to the weak relationship between youth and adult success is the relative age effect (RAE): the increased likelihood of children born shortly after the cut-off date for age grades to achieve success relative to their later born peers. For example, examination of the male U18 shot put results from the 2018 Spanish Championships reveals that of the 19 participants in the final, eight were born in the first two months of the year - a distribution that is highly unlikely to have occurred by chance alone (Table1). Examinations of athletics populations from the UK, Spain, Switzerland and the IAAF World U18 and IAAF World U20 championships have all demonstrated RAEs. The prevalence of the RAS+E at the international youth level can clearly be seen (Figure 1) when analyzing the date of birth distribution of the U18 and U20 athletes that appeared in the top 100 athletes of IAAF ranking (<http://www.iaaf.org/>). In these categories, the athletes born in the first quarter of the year (January, February, and March) are over-represented with respect to the others. In particular, the athletes born in the first quarter are 4-fold and 2.5 more represented than those in the last quarter in U18 and U20 rankings, respectively. This pattern suggests that relative age had a substantial effect on performance at least up to 20 years of age.

Research investigating RAEs in athletics populations has focused on the impact on performances. However, research in other sports such as basketball and rugby league have demonstrated that individuals born shortly before the cut-off are more likely to withdraw from sport, although this relationship has not been found in all cases. Moreover, while the RAE tends to be blunted or to disappear with increasing age, a small but still significant bias towards those born in the first months of the year was found in an examination of adult track and field athletes competing in the UK.

Position in Final	Distance (m)	Thrown	Month of Birth	Year of birth
1	18.97		January	2001
2	17.61		February	2001
3	17.58		February	2002
4	17.23		April	2001
5	16.76		October	2001
6	16.42		January	2001
7	15.82		February	2001
8	15.32		May	2002
9	15.08		April	2002

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10	15.04	June	2001
11	14.75	March	2001
12	14.63	December	2001
13	14.18	January	2002
14	13.82	January	2001
15	13.14	February	2002
-	NM	July	2002
-	NM	April	2001
-	NM	March	2002

Note: Three athletes did not record a valid mark in the final, while one athlete who had qualified did not compete.

Table 1: Illustration of the relative age effect in the under 18 men's shot put at the 2018 Spanish National Championships.

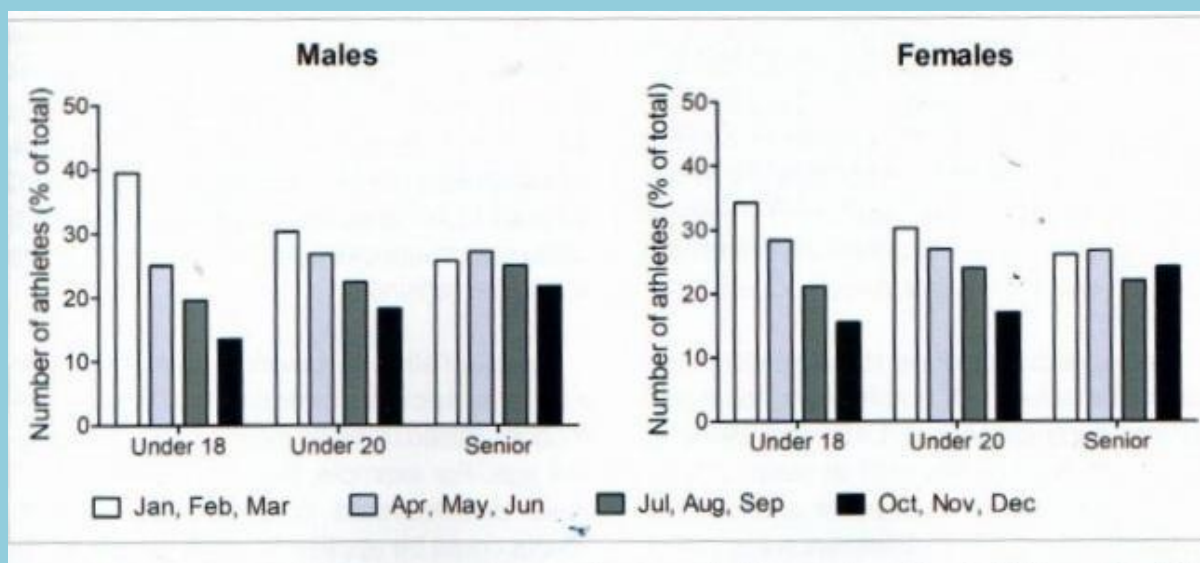


Figure 1: Distribution of birth dates across the quartiles for male (left panel) and female (right Panel) athletes that are present in the top 100 IAAF rank in 2018. The data are averaged among all track and field disciplines. In U18 (born 2001) and U20 (born 1999) categories the athletes born in the first quarter are clearly over represented compared to those born in the other quarters. This effect is more pronounced in males with respect to females and tends to disappear in the Senior Category.

Consequently, it is important that youth sport organizations devise effective methods to address RAEs.

It is unlikely that a single strategy exists which will comprehensively address the factors responsible for RAEs. Consequently, it is necessary to consider how practical steps can be taken at multiple levels. In the following section, we provide an overview of strategies that have been proposed in the academic literature for administrators, clubs, coaches and parents to consider.

Strategies for Federations and Administrators.

Boucher & Halliwell proposed rotating cut off dates for youth sport on a yearly basis, so that all athletes experience being relatively ahead and relatively behind their peers at some point in their development. There are two major criticisms of this proposal: (1) the administrative complexity involved in implementing this strategy, and (2) breaking up friendship groups that are based upon membership of the same cohort. Alternatively, a number of authors have suggested that a fairer grouping of children by some indicator of their biological development, rather than by a chronological age. For example, weight, and predicated age relative to peak height velocity, have both been used by youth sporting organizations. Such alternative groupings might be used in all competitions, such as in the case of combat sports, or in selected competitions that run alongside chronological age-based competitions and are designed to offer an opportunity for late developers to achieve success.

Alternative adaptations to competition format might include: (1) emphasizing local and regional competition at U14, and delaying national championships until at least U15; or (2) an emphasis on multi-event and/or team competitions until mid-adolescence (e.g., IAAF kids athletics; IAAF team athletics). Some authors have suggested that such team competitions might incorporate a quota system to ensure that opportunities are afforded to relatively younger players. However, although intuitively appealing, there is a lack of research on the challenges and consequences of these approaches.

A number of countries including the UK and Spain, publish national rankings for all children who meet set performance standards (e.g., www.thepowerof10.info; <https://www.rfea.es/estadis/estadistica.htm>). While these rankings were designed to provide athletes with targets to drive up standards (<https://www.thepowerof10.info/aboutpowerof10/>), there is a lack of knowledge about the secondary consequences of these rankings.

KEARNEY et al. provided an extreme example of a U15 sprinter. Despite being the 10th best performing 100m sprinter (31 August being the cutoff date for age group classification) of all those sprinters born in August, the athlete in question was ranked 697th out of all boys born in that selection year. As only full year rankings are provided, the rankings paint a

discouraging picture for this individual. However, this discouraging picture is potentially due to his having 11 months less opportunity to grow than his peers, rather than any differences in potential.

While changing the rankings to include rankings per month rather than per year would present a better picture for those relatively few late-born athletes whose performances appear on the national rankings, only a small minority of late-born athletes achieve the necessary performances to be nationally ranked. Consequently, for an additional month- based ranking to be effective, administrators would also need to consider the criteria for inclusion within the rankings.

An alternative to devising additional rankings is to apply a correction factor to performances based upon an individual's chronological age. For example, ROMANN & COBLEY have demonstrated how corrective adjustments could be applied to youth results to remove RAEs from top rankings. However, relative age is a proxy measure for development, which is only accurate at the population level. Thus, while relative age has the advantage of being easily accessible and non-invasive, any correction factor based on regression analysis will always contain error at the level of the individual athlete. Consequently, a simpler solution may simply be to remove, or at least anonymise, the rankings until at least U17.

Strategies for clubs, coaches and parents

Clubs have a key role to play in ensuring that all stakeholders have an accurate understanding of the process of youth development. These stakeholders include coaches, parents and the athletes themselves. Thus, clubs should consider how information on youth development is presented to assistant coaches as part of their long-term coach development plan. This information could be in the form of information leaflets, ideally via links to online material provided by the national governing body, or discussions with more experienced coaches. The same leaflets, or a simplified version via a club newsletter, could be provided for parents. Importantly, simply providing coaches and parents with information about RAEs is unlikely to be sufficient. Therefore, more active prompts for discussion should be considered. For example, Olympic 400m hurdles champion David HEMREY described a cross country race in which a whole school participated. The youngest boys were set off first, with boys being handicapped by two seconds per month of birth. Implementing such a strategy as a training strategy or during a competition hosted by the club may raise awareness and provide the stimulus for wider discussion, amongst athletes as well as adults, about the role of maturation in youth success,

Another means by which awareness of developmental differences may be raised within a training session is to mix age groups. Consider the example provided by CASSIDY, albeit in relation to rugby union, of the reaction of children when training with an older player; @...it

lifts the confidence of the other kids to be able to strive to their level. To score tries like they do, train hard like they do rather than mucking around.” As with different modes of competition, the point is not that training with mixed age groups is always superior to fixed age groups but rather that organizing training sessions in different ways offer advantages that can be exploited by a coach in the pursuit of broader development goals.

Conclusion

In summary, recent research has provided additional evidence that youth success is related to adult success. Success at youth level is influenced by relative age. Administrators, regional development officers, clubs, coaches and parents all have a role to play in developing and implementing initiatives to minimize the effect of RAEs on participation and athlete development.



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The next edition will be on the end of July 2021.