



SAR

**SENIOR CHAMPIONSHIPS
MAURITIUS 5 & 6 JULY 2019**

OFFICIAL RESULTS



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 1 RESULTS

MEN'S 400M RESULTS



16H40	FINAL	05 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	210	Leungo SCOTCH	BOT	45.70	
2	328	Ashley HLONGWANE	RSA	46.29	
3	211	Ngozi ZIBANI	BOT	46.69	
4	212	Oneile PHOKROI	BOT	47.69	
5	229	Franck RABEARISON	MAD	48.11	
6	262	Sebastien CLARICE	MRI	48.93	

15H00	1ST ROUND	HEAT 1	05 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	210	Leungo SCOTCH	BOT	47.94	Q
2	212	Oneile PHOKROI	BOT	47.95	Q
3	262	Sebastien CLARICE	MRI	49.01	q
4	316	Blessing S. NYANDORO	ZIM	49.18	
5	308	Janosh MONCHERRY	SEY	50.50	

15H00	1ST ROUND	HEAT 2	05 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	328	Ashley HLONGWANE	RSA	46.50	Q
2	211	Ngozi ZIBANI	BOT	47.22	Q
3	229	Franck RABEARISON	MAD	47.77	q
4	321	Sipho MOYO	ZIM	49.25	
5	246	Eliotte LAGAILLARDE	MRI	49.71	



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 1 RESULTS

WOMEN'S 400M RESULTS



16H55

FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	639	Beatrice NASILINGE	NAM	53.73	
2	532	Tlhomphang BASELE	BOT	56.73	
3	548	Mamakoli SENAULOANE	LES	58.38	
4	600	Anne Loa LEOPOLD	MRI	58.66	
5	507	Motlatsi RANYE	BOT	58.68	
6	609	Coralie TELEMAQUE	MRI	60.33	

15H00

1ST ROUND

HEAT 1

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	548	Mamakoli SENAULOANE	LES	57.19	Q
2	507	Motlatsi RANYE	BOT	58.19	Q
3	609	Coralie TELEMAQUE	MRI	59.43	q
4	634	Veronique RABOUDE	MRI	59.47	

15H00

1ST ROUND

HEAT 2

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	639	Beatrice NASILINGE	NAM	54.57	Q
2	532	Tlhomphang BASELE	BOT	56.79	Q
3	600	Anne Loa LEOPOLD	MRI	58.00	q



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 1 RESULTS

WOMEN'S 100M RESULTS



17H05

FINAL

WIND : 0.0

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	542	Tsone SEBELE	BOT	11.64	
2	655	Rhodah NJOBVU	ZAM	11.87	
3	652	Hellen MAKUMBA	ZAM	11.99	
4	594	Amelie ANTHONY	MRI	12.13	
5	522	Refilwe MURANGI	BOT	12.34	
6	679	Rose SANANE	BOT	12.36	

16H00

1ST ROUND

HEAT 1

WIND : + 0.3

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	655	Rhodah NJOBVU	ZAM	11.79	Q
2	522	Refilwe MURANGI	BOT	12.24	Q
3	679	Rose SANANE	BOT	12.33	q
4	647	Amelie CHARLES	SEY	12.50	
5	671	Yvonne THOMAS	ZIM	12.57	
6	600	Anne Loa LEOPOLD	MRI	12.74	

16H00

1ST ROUND

HEAT 2

WIND : + 1.6

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	542	Tsone SEBELE	BOT	11.66	Q
2	652	Hellen MAKUMBA	ZAM	11.81	Q
3	594	Amelie ANTHONY	MRI	12.06	q
4	624	Oceane MOIRT	MRI	12.41	
5	670	Mitchell ZUZE	ZIM	12.56	
6	656	Suwilan MPONDELA	ZAM	12.65	



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019
DAY 1 RESULTS



MEN'S 100M RESULTS

17H15	FINAL	WIND : + 1.4	05 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	215	Ngoni MAKUSHA	ZIM	10.33	
2	255	Jonathan BARDOTTIER	MRI	10.37	
3	307	Dylan SICOBO	SEY	10.44	
4	206	Keene MOTUKISI	BOT	10.44	
5	323	Tatenda L. TSUMBA	ZIM	10.49	
6	234	Nantanaina F. RAKOTOARINIRINA	MAD	10.68	

15H40	1ST ROUND	HEAT 1	WIND : + 1.0	05 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	307	Dylan SICOBO	SEY	10.48	Q
2	206	Keene MOTUKISI	BOT	10.57	Q
3	323	Tatenda L. TSUMBA	ZIM	10.57	q
4	234	Nantanaina F. RAKOTOARINIRINA	MAD	10.61	q
5	253	Jeremie LARARAUDEUSE	MRI	10.95	
6	200	Claudio Rodrigues MAYEMBE	ANG	10.97	

15H40	1ST ROUND	HEAT 2	WIND : + 0.3	05 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	215	Ngoni MAKUSHA	ZIM	10.43	Q
2	255	Jonathan BARDOTTIER	MRI	10.50	Q
3	214	Thutu MASASA	BOT	10.67	
4	230	Jaony RANDRIANARIVO	MAD	10.83	
5	322	Takunda KADENGA	ZIM	10.93	
	237	Edson NDEVE	MOZ	DNF	



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 1 RESULTS

MEN'S HAMMER RESULTS



15H00

FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	259	Nicholas LI YUN FONG	MRI	61M19	
2	250	Jean Ian CARRE	MRI	55M97	
3	306	Dean WILLIAMS	SEY	48M86	
4	258	Mahen LALLDHAROWA	MRI	40M60	

WOMEN'S HAMMER RESULTS

15H00

FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	677	Chane Margo PRETORIUS	RSA	55M64	
2	619	Juliane CLAIR	MRI	51M63	
3	604	Astridge SAMOISY	MRI	45M44	
4	625	Olivia MALJEAN	MRI	43M29	

MEN'S TRIPLE JUMP RESULTS

15H00

FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	217	T . AEBOBE	BOT	15M93	
2	239	Alexandre GENTIL	MRI	15M66	
3	245	Dezardin PROSPER	MRI	15M50	
4	225	Terry BERGER	MRI	14M83	
5	310	Menjel KILINDO	SEY	14M15	



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MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 1 RESULTS

WOMEN'S TRIPLE JUMP RESULTS



15H00 FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	674	Patience NTSHINTILA	RSA	13M17	
2	620	Liliane POTIRON	MRI	12M36	
3	622	Melissa NIGATHE	MRI	11M44	
4	681	Jemima BHOKUN	MRI	NM	

MEN'S SHOT PUT RESULTS

16H20 FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
3	265	Sylvain PIERRE LOUIS	MRI	14M58	
1	263	Stenio NOEL	MRI	13M28	
2	314	Ronny BRISTOL	SEY	13M07	

WOMEN'S SHOT PUT RESULTS

16H20 FINAL

05 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	676	Meike STRYDOM	RSA	14M65	
2	610	Estelle LOUIS	MRI	13M19	
3	611	Jeanne D'Arc MOMUS	MRI	12M06	
4	648	Debra SERVINA	SEY	11M05	
5	640	Karlien BOTHA	NAM	10M62	



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MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS

WOMEN'S 400M HURDLES RESULTS



11H25

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	513	Oarabile BABOLA	BOT	59.82	
2	579	Cecilia Francisco GUAMBE	MOZ	1.03.88	
3	626	Rachel MICHEL	MRI	1.07.94	

MEN'S 400M HURDLES RESULTS

11H40

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
3	208	Kemorena TISANG	BOT	51.48	
1	312	Ned AZEMIA	SEY	51.84	
4	260	Pascal DESIRÉ	MRI	53.71	
2	242	Bryan POLICE	MRI	55.05	
5	248	Jeremy PIERRUS	MRI	56.44	



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MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS

WOMEN'S 200M RESULTS



12H00	FINAL	WIND : + 1.0	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	639	Beatrice MASILINGI	NAM	23.85	
2	542	Tsone SEBELE	BOT	24.13	
3	522	Refilwe MURANGI	BOT	25.17	
4	650	Agnes MAZALA	ZAM	25.19	
5	649	Shakira JOUBERT	SEY	25.48	
	653	Lumeka KATUNDA	ZAM	DNS	

10H25	1ST ROUND	HEAT 1	WIND : + 1.0	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	639	Beatrice MASILINGI	NAM	23.76	Q
2	542	Tsone SEBELE	BOT	24.33	Q
3	653	Lumeka KATUNDA	ZAM	24.49	q
4	650	Agnes MAZALA	ZAM	25.20	q
5	594	Amelie ANTHONY	MRI	25.25	
6	671	Yvonne THOMAS	ZIM	25.83	

10H25	1ST ROUND	HEAT 2	WIND : + 0.5	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	522	Refilwe MURANGI	BOT	25.03	Q
2	649	Shakira JOUBERT	SEY	25.59	Q
3	628	Severine MOUTIA	MRI	26.12	
4	670	Mitchell ZUZE	ZIM	26.29	
	655	Rhodah NJOBVU	ZAM	DNS	



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MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS

MEN'S 200M RESULTS



12H10	FINAL	WIND : - 2.8	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	215	Ngoni MAKUSHA	ZIM	20.83	
3	328	Ashley HLONGWANI	RSA	21.11	
4	209	Leaname MAOTOANONG	BOT	21.12	
2	323	Tatenda L. TSUMBA	ZIM	21.19	
6	234	Nantanaina F. RAKOTOARINIRINA	MAD	21.80	
5	256	Jordan CHRISTOPHE	MRI	21.83	

10H40	1ST ROUND	HEAT 1	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	215	Ngoni MAKUSHA	ZIM	21.13	Q
2	323	Tatenda L. TSUMBA	ZIM	21.20	Q
3	328	Ashley HLONGWANI	RSA	21.40	q
4	230	Jaony RANDRIANARIVO	MAD	21.96	
5	237	Edson NDEVE	MOZ	22.12	
	255	Jonathan BARDOTTIER	MRI	DNS	

10H40	1ST ROUND	HEAT 2	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	209	Leaname MAOTOANONG	BOT	21.64	Q
2	256	Jordan CHRISTOPHE	MRI	21.73	Q
3	234	Nantanaina F. RAKOTOARINIRINA	MAD	21.92	q
4	200	Claudio Rodrigues MAYEMBE	ANG	22.48	
5	324	Tinashe CHIGUDU	ZIM	22.76	



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MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS

WOMEN'S 800M RESULTS



11H00

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	520	Oratile NOWE	BOT	2.08.70	
2	500	Neide DIAS	ANG	2.12.38	
3	646	Mboma CHRISTENE	NAM	2.17.11	
4	627	Sabrina RABOT	MRI	2.26.05	
5	597	Angelica NATCHOO	MRI	2.29.95	

MEN'S 800M RESULTS

11H10

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	216	Tshepiso MASALELA	BOT	1.49.73	
2	203	Boitumelo MASILO	BOT	1.49.74	
3	261	Samuel VIELLEUSE	MRI	1.52.50	
4	235	Soazara L. RANDRIANANTENAINA	MAD	1.52.89	
5	249	Jameson MARIANNE	MRI	1.53.92	
6	252	Jeremie COTTE	MRI	1.56.22	
	240	Ashley PITCHIA	MRI	1.56.35	HC
	326	Elvis Mashila	ZIM	DNS	
	327	Brighton NCUBE	ZIM	DNS	



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS

WOMEN'S 100M HURDLES RESULTS



10H00	FINAL	WIND : - 0.3	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
	513	Oarabile BABOLA	BOT	14.28	
	579	Cecilia Francisco GUAMBE	MOZ	14.94	
	608	Aurelie BAPTISTE	MRI	15.84	

MEN'S 110M HURDLES RESULTS

10H15	FINAL	WIND : + 0.5	06 JULY 2019
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RANK	BIB	NAME	COUNTRY	RESULT	
1	208	Kemorena TISANG	BOT	13.92	
2	253	Jeremie LARARAUDEUSE	MRI	14.29	
3	329	Frederiech PRETORIUS	RSA	15.03	
4	247	Fabrice RAJAH	MRI	15.46	
5	313	Ricardo SUZETTE	SEY	16.01	
	260	Pascal DESIRE	MRI	DNF	



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MAURITIUS 5 - 6 JULY 2019
DAY 2 RESULTS



MEN'S LONG JUMP RESULTS



10H40

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	329	Fredriech PRETORIUS	RSA	7M24	
2	238	Adel CUPIDON	MRI	7M15	
3	266	Thierry NADAL	MRI	7M10	
4	310	Menjel KILINDO	SEY	6M44	
5	225	Terry BERGER	MRI	6M37	

MEN'S HIGH JUMP RESULTS

10H40

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	217	Tshwanelo AEOBE	BOT	2M17	
2	217	Aobakwe NKOBEA	BOT	2M09	
3	319	Munyaradzi A. CHADENGA	ZIM	2M00	
4	309	Joshua ONEZIME	SEY	2M00	
5	245	Dezardin PROSPER	MRI	1M90	
6	254	Jeremie L'ETENDRIE	MRI	1M90	
7	257	Jordan QUIRIN	MRI	1M90	





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MAURITIUS 5 - 6 JULY 2019
DAY 2 RESULTS



MEN'S JAVELIN RESULTS



11H10

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	329	Fredriech PRETORIUS	RSA	57M91	
2	241	Bruno COLLET	MRI	56M96	
3	264	Stephanio PERRINE	MRI	52M56	
4	300	Ludwig HUBERT	NAM	52M44	

MEN'S DISCUS RESULTS

10H00

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	244	Christopher SOPHIE	MRI	52M30	
2	306	Dean WILLIAMS	SEY	39M90	
3	247	Fabrice RAJAH	MRI	38M00	
4	300	Ludwig HUBERY	NAM	37M53	

WOMEN'S DISCUS RESULTS

10H00

FINAL

06 JULY 2019

RANK	BIB	NAME	COUNTRY	RESULT	
1	676	Meike STRYDOM	RSA	41M52	
2	610	Estelle LOUIS	MRI	39M77	
3	611	Jeanne D'Arc MOMUS	MRI	37M41	
4	640	Karlien BOTHA	NAM	36M12	
5	648	Debra SERVINA	SEY	35M51	
6	612	Jessika ROSUN	MRI	33M30	



CAA / SAR SENIOR CHAMPIONSHIPS
MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS

WOMEN'S 4 X 100M RESULTS



12H30	FINAL	06 JULY 2019
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RANK	BIB	NAME	NAME	COUNTRY	RESULT	
1		H.MAKUMBA	R.NJOBVU	ZAM	45.95	
		A.MAZALA	L.KATUNDA			
2		R.MURUNGI	R.SANANE	BOT	46.61	
		B.LOKOSE	T.SEBELE			
3		A.ANTHONY	S.MOUTIA	MRI	47.52	
		O.MOIRT	V.RABOUDE			

MEN'S 4 X 100M RESULTS

12H30	FINAL	06 JULY 2019
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RANK	BIB	NAME	NAME	COUNTRY	RESULT	
1		J.BARDOTTIER	J.LARARAUDEUSE	MRI	40.75	
		N.BIBI	J.COTTE			
2		Z.MACHRA	T.MASASA	BOT	41.01	
		T.KADENGA	T.CHIYUDU			
3		B.NYANDORO	S.MOYO	ZIM	42.16	
		T.KADENGA	T.CHIYUDU			



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MARYSE JUSTIN STADIUM REDUIT
MAURITIUS 5 - 6 JULY 2019



MEDAL TABLE

RANK	COUNTRY	GOLD 	SILVER 	BRONZE 
1	BOT	10	6	3
2	RSA	6	2	1
3	MRI	4	11	13
4	ZIM	2		2
5	NAM	2		1
6	ZAM	1	1	1
7	SEY		2	3
8	MOZ		2	
9	ANG		1	
10	LES			1
11	MAD			



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MAURITIUS 5 - 6 JULY 2019



DAY 2 RESULTS
WOMEN'S 4 X 400M RESULTS

12H40		FINAL			06 JULY 2019
RANK	BIB	NAME	COUNTRY	RESULT	
1			BOT	3.47.68	
2			MRI	4.07.67	

MEN'S 4 X 400M RESULTS

12H40		FINAL			06 JULY 2019
RANK	BIB	NAME	COUNTRY	RESULT	
1			BOT	3.07.55	
2			MRI B	3.22.42	
			MRI A	DSQ	