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| ***1.*** | ***08H40*** | ***FUN RUN*** | ***DEP F – G – H – I – J – A – O - X*** | ***2 KM*** |
| ***2.*** | ***09H00*** | ***SEN (H)*** | ***DEP F – G – H – I – J – A + 5 CIRCUITS O – X*** | ***7.5 KM*** |
| ***3.*** | ***09H35*** | ***U20 – SEN (D)*** ***U20 (H) - MAS (H)*** | ***DEP F – G – H – I – J – A + 4 CIRCUITS – O - X*** | ***6 KM*** |
| ***4.*** | ***10H05*** | ***U18 (H) – MAS (D)*** | ***DEP A + 4 CIRCUITS – O - X*** | ***5.6 KM*** |
| ***5.*** | ***10H20*** | ***U16 (H) – U18 (D)*** | ***DEP A + 3 CIRCUITS – O - X*** | ***4.2 KM*** |
| ***6.*** | ***10H30*** | ***U14 - U16 (MIXTE)*** | ***RELAY: 6 X 300 M*** | ***RTC Challenge*** |
| ***7*** | ***10H40*** | ***U12 (D)*** | ***DEP F – G – H – I – J – A + 1 CIRCUIT – O – X*** | ***2 KM*** |
| ***8*** | ***10H50*** | ***U18 - U20 (MIXTE)*** | ***RELAY: 6 X 500 M***  | ***RTC Challenge*** |
| ***9*** | ***10H50*** | ***U14 (MIXTE)*** | ***RELAY :6 X 500 M*** | ***INTER CLUBS*** |
| ***10*** | ***11H05*** | ***U12 (H) – U14 (D)*** | ***DEP I – J – A + 2 CIRCUITS – O - X*** | ***3 KM*** |
| ***11*** | ***11H15*** | ***U14 (H) – U16 (D)*** | ***DEP I – J – A + 2 CIRCUITS – O - X*** | ***3 KM*** |
| ***12*** | ***11H30*** | ***U18 (MIXTE)*** | ***RELAY: 6 X 600 M*** | ***INTER CLUBS*** |

**QUATRE BORNES REGIONAL ATHLETIC COMMITTEE**

**LIGUE DE CROSS**

**3e MANCHE – SAMEDI 23 FEVRIER 2019 – RACING CLUB DE MAURICE, TRIANON**

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