

MAURITIUS ATHLETICS ASSOCIATION



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MAA SERIES 2018

1. GENERAL

The 1st Edition of the MAA Series is organized to motivate our high level athletes to target high level performances in respect of the **African Senior Championships**

There will be **4 competitions** which will be opened to national athletes preparing themselves for the **2019 Indian Ocean Islands Games** too.

2. MOTIVATION

The aims of the MAA Series are to:

- Give the opportunity to the best local athletes to compete against themselves.
- Assemble the best athletes of the region in one specific event.
- Give extra competitions to the National Team for the 2019 Indian Ocean Islands Games.
- Raise the level of the competition of the day with a Cash Prize for both men and women.

3. PARTICIPATION

Each athlete may participate in any events grouped as per the following Athletics Family .

1. Sprints /Hurdles/Jumps
2. Middle distance / Throws

4. EVENTS

The following events will have the label **"MAA Series"** which will be organized at Maryse Justin Stadium:

(1) 16 JUNE 2018

MEN: 100M – 400M – 1500M – HIGH JUMP - HAMMER
WOMEN: 100M – 400M - HAMMER – TRIPLE JUMP

(2) 07 JULY 2018

MEN: 200M – 400MH– 800M – DISCUS – TRIPLE JUMP
WOMEN: 100M – 400M – DISCUS – LONG JUMP

(3) 21 JULY 2018

MEN: 100M – 800M – LONG JUMP – SHOT PUT - HAMMER
WOMEN: 200M – 1500M - HAMMER – HIGH JUMP – JAVELIN

(4) 25 AUGUST 2018

MEN: 200M – 110MH – 3000M – HIGH JUMP – JAVELIN
WOMEN: 400M – 1500M – LONG JUMP – DISCUS – SHOT PUT

5. SCORING

The IAAF Scoring Table will determine the best athletes of each Athletic Family for both Men and Women. The Ranking will be based on the total points of the 3 of the 4 competitions.

In order to score points, athletes will have to achieve the following required **MINIMUM STANDARDS**

SPRINT / HURDLES / JUMPS

MEN:	950 - 1000 PTS	WOMEN:	900 – 950 PTS
Events	Perf	Events	Perf
100M	10.63	100M	12.21
200M	21.47	200M	24.91
400M	47.70	400M	56.74
H/JUMP	2M04	H/JUMP	1M67
L/JUMP	7M13	L/JUMP	5M54
T/JUMP	14M97	T/JUMP	11M86
110MH	14.66		
400MH	53.78		

THROWS & MIDDLE DISTANCE

MEN:	900 PTS	WOMEN:	800 - 900 PTS
Events	Perf	Events	Perf
800M	1:54.58	800M	2:22.16
1500M	3:56.22	1500M	4:55.66
3000M	8:27.65	HAMMER	51M77
HAMMER	60M84	JAVELIN	50M35
DISCUS	51M23	DISCUS	45M20
SHOT PUT	16M29	SHOT PUT	13M46
JAVELIN	65M79		

6. CASH PRIZES

Each Athletic Family Men and Women will receive a Cash Prize as follows:

1st	-	20,000 rupees
2nd	-	12,000 rupees
3rd	-	9,000 rupees
4th	-	7,000 rupees
5th	-	5,000 rupees
6th	-	4,000 rupees