



BANK OF MAURITIUS
INTER CLUBS YOUTH CHAMPIONSHIPS
26 – 27 NOVEMBER 2016



Each club will be represented in the following 3 Age Group categories:

- **Colt** - **under 12 years old**
- **Benjamin** - **under 14 years old**
- **Minims** - **under 16 years old**

The following events will be on the programme for **both girls and boys**.

- **Colt** - 50M, 120M, 500M, Shot Put, Long Jump and Shuttle Mixed Relay 6 X 40m
- **Benjamin** - 60MH, 60M, 150M, 800M, Triple Jump, **Long Jump**, Discus, High Jump, Shot Put, 1000M Walk and 4 x 100m
- **Minims** - 100M, 300M, 1000M, 100MH, High Jump, Long Jump, Javelin, Hammer, Shot Put, 2000M Walk and 4 x 100m

Rules:

- An athlete will be allowed to participate in a number of events according to his / her category as follows:

COLT: 1 track and 2 field events + relay or 2 track one of which must not be longer than 120m and 1 field event + the relay

BENJAMIN: 2 field events and 2 track events **excluding** 800M and the 1000M Walk + the relay

MINIMS: 2 field events and 3 track events excluding 1000M and 2000 M Walk or 2 track events and 3 field events **excluding** the 1000M and the 2000M Walk + the relay

QUALIFYING ROUNDS:

- This will take place on 05 and 06 November 2016 as per attached programme.
- The IAAF false start rule will be applied for the minim category only. For the Colts and the Benjamin's category the start combined events rule will be applied.
- The use of starting block for Colt is optional but compulsory for the 2 other categories.

- Four trials will be awarded in finals in the field events except for High Jump.

PARTICIPATION

- Each club may enter a maximum of 3 athletes in each individual event and 1 team in each relay.
- A club may enter a maximum of 2 teams in the Inter Clubs Youth Championships.

- **Prizes will be awarded to the :**

- (1) First 3 athletes of each individual event and to the best 3 teams of each relay race. (Medals)
- (2) First 3 clubs in each category and in each gender. (Trophies/Shields).
- (3) Best athletes (boy & girl) in each category. Quotation Table (Record).

- **Points will be awarded as follows:**

- (a) Individual Events

7 - 5 -4 -3 - 2- 1

- (b) Relays

12 - 9 - 7 - 5 - 3 - 1

- **Regional Championships – Rodrigues**

This event will be organized on **Saturday 05 November 2016** at Camp du Roi Stadium, Port Mathurin with the same above-mentioned events and categories. A Specific Technical Rules will be circulated later.