

BANK OF MAURITIUS INTER CLUBS YOUTH CHAMPIONSHIPS

28 – 29 NOVEMBER 2015



Each club will be represented in the following 3 Age Group categories:

0	Colt	-	9, 10 and 11 years old
0	Benjamin's	-	12 and 13 years old
0	Minims	-	14 and 15 years old

The following events will be on the programme for *both girls and boys*.

- Colt 50M, 120M, 500M, Shot Put, Long Jump and 4 x 50m
- Benjamin 60MH, 60M, 150M, 800M, Triple Jump, Discus, High Jump, Shot Put, 1000M Walk and 4 x 100m
- Minims
 100M, 300M, 1000M, 100MH, High Jump, Long Jump, Javelin, Shot Put, 2000M Walk and 4 x 100m

Rules:

- An athlete will be allowed to participate in a number of events according to his / her category as follows:
 - **COLT:** 1 track and 2 field events + relay <u>or</u> 2 track one of which must not be longer than 120m and 1 field event + the relay
 - **BENJAMIN:** 2 field events and 2 track events excluding 800M and the 1000M Walk + the relay
 - MINIMS: 2 field events and 3 track events excluding 1000M and 2000 M Walk or 2 track events and 3 field events excluding the 1000M and the 2000M Walk + the relay

QUALIFYING ROUNDS:

- This will take place on 21 and 26 November 2015 as per attached programme.
- The IAAF false start rule will be applied for the minim category. For the Colts and the Benjamin's category the start combined events rule will be applied.
- The use of starting block for Colts and Benjamin's is optional but compulsory for the Minims category.

- Four trials will be awarded in finals in the field events except for High Jump.
- A maximum of three athletes will be entered by club in each event and 1 team for each relay.
- Only two teams per club will be accepted.
- Only clubs entering athletes (boys & girls) in all events per category will be qualified for the Inter clubs youth trophies.

- Prizes will be awarded to the :

- (1) First 3 athletes of each individual event and to the best 3 teams of each relay race.
- (2) First 3 clubs in each category (Mixed boys & girls)
- (3) Best athletes (boy & girl) in each category. Quotation Table (Record).
- Points will be awarded as follows:
- (a) Individual Events 7 - 5 -4 -3 - 2- 1
- (b) Relays 12 - 9 - 7 - 5 - 3 – 1

- Regional Championships – Rodrigues

This event will be organized on *Saturday 14 November 2015* at Camp du Roi Stadium, Port Mathurin with the same above-mentioned events and categories. A Specific Technical Rules will be submitted.