



BANK OF MAURITIUS
INTER CLUBS YOUTH CHAMPIONSHIPS
28 – 29 NOVEMBER 2015



Each club will be represented in the following 3 Age Group categories:

- **Colt** - **9, 10 and 11 years old**
- **Benjamin's** - **12 and 13 years old**
- **Minims** - **14 and 15 years old**

The following events will be on the programme for **both girls and boys**.

- **Colt** - 50M, 150M, 500M, Shot Put, Long Jump and 4 x 50m
- **Benjamin** - 60MH, 60M, 150M, 800M, Triple Jump, Discus, High Jump, Shot Put, 1000M Walk and 4 x 100m
- **Minims** - 100M, 300M, 1000M, 100MH, High Jump, Long Jump, Javelin, Shot Put, 2000M Walk and 4 x 100m

Rules:

- An athlete will be allowed to participate in a number of events according to his / her category as follows:

COLT: 1 track and 2 field events or 2 field events and 1 track event + the relay

BENJAMIN: 2 field events and 2 track events excluding 800M and the 1000M Walk + the relay

MINIMS: 2 field events and 3 track events excluding 1000M and 2000 M Walk or 2 track events and 3 field events excluding the 1000M and the 200M Walk + the relay

- The IAAF false start rule will be applied for the minim category. For the Colts and the Benjamin's category the start combined events rule will be applied.
- The use of starting block for Colts and Benjamin's is optional but compulsory for the Minims category.
- Four trials will be awarded in finals in the field events except for High Jump.
- A maximum of **three** athletes will be entered by club in each event and 1 team for each relay.

- Only **two** teams per club will be accepted.

- Only clubs entering athletes (boys & girls) in all events per category will be qualified for the Inter clubs youth trophies.

- **Prizes will be awarded to the :**
 - (1) First 3 athletes of each individual event and to the best 3 teams of each relay race.
 - (2) First 3 clubs in each category (Mixed boys & girls)
 - (3) Best athletes (boy & girl) in each category.

- Points will be awarded as follows:

(a) Individual Events

7 - 5 - 4 - 3 - 2 - 1

(b) Relays

12 - 9 - 7 - 5 - 3 - 1

- **Regional Championships – Rodrigues**

This event will be organized on **Saturday 14 November 2015** at Camp du Roi Stadium, Port Mathurin with the same above-mentioned events and categories. A Specific Technical Rules will be submitted.