

BANK OF MAURITIUS
INTER CLUBS YOUTH CHAMPIONSHIPS
29 – 30 NOVEMBER 2014

Each club will be represented in the following 3 Age Group categories:

- Colt - 9,10 and 11 years old
- Benjamin's - 12 and 13 years old
- Minims - 14 and 15 years old

The following events will be on the programme for both girls and boys.

- Colt - 50m, 500m, Shot Put, Long Jump and 4 x 50m
- Benjamin's - 60m, 800m, Triple Jump, Discus, Triathlon and 4 x 100m
***Triathlon (60mH / Long Jump /Shot Put)
- Minims - 100m, 3000m, High Jump, Javelin, Pentathlon and 4 x 100m
***Pentathlon (100m H / Long Jump / Shot Put /High Jump /800m-1000m)

Rules:

- An athlete will be allowed to participate in a maximum of one track, Two fields events and in the relay.
- Combined events athletes (Triathlon & Pentathlon) will not be allowed to participate in individual's events and in relays.
- The IAAF false start rule will be applied for the minim category. For the Colts and the Benjamin's category the start combined events rule will be applied.
- The use of starting block for Colts and Benjamin's is optional but compulsory for the Minims category.
- Four trials will be awarded in finals in the field events except for High Jump.
- A maximum of two athletes will be entered by club in each event and 1 team for each relay.
- Only one team per club will be accepted.

- **Prizes will be awarded to the :**
 - (1) First 3 athletes of each individual event and to the best 3 teams of each relay race.
 - (2) First 3 clubs in each category (Mixed boys & girls)
 - (3) Best athletes (boys & girls) in each category.

- Points will be awarded as follows:
 - (a) Individual Events
7 - 5 -4 -3 - 2- 1
 - (b) Relays
12 - 9 - 7 - 5 - 3 - 1