

# 2014 GRAND PRIX – MIDDLE DISTANCE RUNNERS

## 1. GENERAL:

In order to motivate the national middle distance runners to target high performances in their respective events, the **Mauritius Athletics Association** is introducing this year a new concept of team building which will help to achieve the objectives of one and all.

A Grand Prix Circuit with a Cash Prize at the end will be organised for the middle distance runners for both Men and Women

## 2. EVENTS, DATES and VENUE:

The following events will be organised at Sir Gaëtan Duval Stadium on:

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|---|---|
| - <b>Thursday 3<sup>rd</sup> April</b><br>1500m and 5000 m  | - <b>Tuesday 6<sup>th</sup> May</b><br>1500 m and 5000 m  |
| - <b>Thursday 10<sup>th</sup> April</b><br>800m and 3000 m  | - <b>Tuesday 13<sup>th</sup> May</b><br>800 m and 3000 m  |
| - <b>Thursday 17<sup>th</sup> April</b><br>1500m and 5000 m | - <b>Tuesday 20<sup>th</sup> May</b><br>1500 m and 5000 m |
| - <b>Thursday 24<sup>th</sup> April</b><br>800M and 3000 m  | - <b>Thursday 29<sup>th</sup> May</b><br>800 m and 3000 m |
| - <b>Tuesday 29<sup>th</sup> April</b><br>Mile              | - <b>Thursday 5<sup>th</sup> June</b><br>Mile             |

All competitions will start at 17.00hrs

## 3. PARTICIPATION

The circuit is opened to all national licencees from Youth to Masters. The participants may be grouped in more than one race according to their category and performances.

## 4. WINNERS:

Cash Prizes will be awarded to each athlete for each event according to performances achieved as per attached table.

## 5. ENTRIES:

All entries must be confirmed to the Technical Secretariat (**Henri Theodore**) at least **48 hours** before the day of the competition