



FRI 30 AUG 2019
Start Time 07:00

Race Analysis

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Result	Time Behind			
					5KM	10KM	15KM	20KM	
1	263	YALEMZERF YEHUALAW DENSA	ETH	03 AUG 1999	1:10:26				
					17:35(2)	17:31(6) 17:31	15:48(1) 15:48	16:27(1) 16:27	3:07
2	241	DEGITU AZIMERAW ASIRES	ETH	24 JAN 1999	1:10:31	+0:05			
					17:36(4)	17:31(3) 17:31	15:49(2) 15:49	16:31(2) 16:31	3:07
3	254	MESERET BELETE TOLA	ETH	16 SEP 1999	1:12:08	+1:42			
					17:35(1)	17:31(4) 17:31	16:13(3) 16:13	17:47(4) 17:47	3:04
4	340	HELLEN JEPKURGAT	KEN	22 FEB 1989	1:12:29	+2:03			
					17:37(7)	17:30(2) 17:30	16:34(4) 16:34	17:29(3) 17:29	3:20
5	338	GRACE MBUTHYE KIMANZI	KEN	02 MAR 1992	1:13:16	+2:50			
					17:36(5)	17:31(5) 17:31	16:36(5) 16:36	18:05(6) 18:05	3:31
6	679	FORTUNATE CHIDZIVO	ZIM	16 MAR 1987	1:13:47	+3:21			
					17:35(3)	17:33(8) 17:33	17:06(6) 17:06	18:03(5) 18:03	3:32
7	610	NATALIA ELISANTE SULLE	TAN	21 JUL 1988	1:14:33	+4:07			
					17:40(8)	17:29(1) 17:29	17:25(8) 17:25	18:34(11) 18:34	3:27
8	473	LAVINIA NDATJOOLO HAITOPE	NAM	03 MAR 1990	1:14:53	+4:27			
					17:44(10)	17:50(10) 17:50	17:34(9) 17:34	18:17(7) 18:17	3:29
9	720	LINET TOROITICH CHEBET	UGA		1:15:15	+4:49			
					17:43(9)	17:48(9) 17:48	17:36(10) 17:36	18:40(12) 18:40	3:30
10	180	DOLSHI TEKLEGERGISH	ERI	17 JUN 1999	1:15:25	+4:59			
					17:52(11)	18:07(13) 18:07	17:38(11) 17:38	18:28(10) 18:28	3:23
11	185	SIMRET MERHAWI TEWELDE	ERI	24 DEC 1993	1:15:26	+5:00			
					17:54(14)	18:04(11) 18:04	17:39(13) 17:39	18:28(8) 18:28	3:23
12	181	KOKOB SOLOMON	ERI	04 JUN 1994	1:15:33	+5:07			
					17:52(12)	18:06(12) 18:06	17:39(12) 17:39	18:28(9) 18:28	3:30
13	469	BEATA NANDJALA NAIGAMBO	NAM	11 MAR 1980	1:24:28	+14:02			
					18:14(15)	23:30(15) 23:30	18:58(15) 18:58	19:56(13) 19:56	3:52
14	90	KOUTOU MADJOU	CHA	09 OCT 2000	1:38:03	+27:37			
					21:15(16)	23:38(16) 23:38	23:26(16) 23:26	25:05(14) 25:05	4:41

Legend:

Rk Rank



Race Analysis

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Result	Time Behind		
					5KM	10KM	15KM	20KM
331		CAROLINE JEBET KORIR	KEN	11 AUG 1994	DNF			
					17:36(6)	17:32(7) 17:32	17:21(7) 17:21	
612		SARA RAMADHANI MAKERA	TAN	30 DEC 1987	DNF			
					17:52(13)	18:21(14) 18:21	18:43(14) 18:43	

Legend:

Rk Rank **DNF** Did Not Finish



FRI 30 AUG 2019

Start Time 07:00

Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Result	Time Behind
1	263	YALEMZERF YEHALAW DENSA	ETH	03 AUG 1999	1:10:26	
2	241	DEGITU AZIMERAW ASIRES	ETH	24 JAN 1999	1:10:31	+0:05
3	254	MESERET BELETE TOLA	ETH	16 SEP 1999	1:12:08	+1:42
4	340	HELLEN JEPKURAT	KEN	22 FEB 1989	1:12:29	+2:03
5	338	GRACE MBUTHYE KIMANZI	KEN	02 MAR 1992	1:13:16	+2:50
6	679	FORTUNATE CHIDZIVO	ZIM	16 MAR 1987	1:13:47	+3:21
7	610	NATALIA ELISANTE SULLE	TAN	21 JUL 1988	1:14:33	+4:07
8	473	LAVINIA NDATJOOI HAITOPE	NAM	03 MAR 1990	1:14:53	+4:27
9	720	LINET TOROITICH CHEBET	UGA		1:15:15	+4:49
10	180	DOLSHI TEKLEGERGISH	ERI	17 JUN 1999	1:15:25	+4:59
11	185	SIMRET MERHAWI TEWELDE	ERI	24 DEC 1993	1:15:26	+5:00
12	181	KOKOB SOLOMON	ERI	04 JUN 1994	1:15:33	+5:07
13	469	BEATA NANDJALA NAIGAMBO	NAM	11 MAR 1980	1:24:28	+14:02
14	90	KOUTOU MADJOU	CHA	09 OCT 2000	1:38:03	+27:37
	331	CAROLINE JEBET KORIR	KEN	11 AUG 1994	DNF	
	612	SARA RAMADHANI MAKERA	TAN	30 DEC 1987	DNF	

Intermediate Times:	5KM	17:35
	10KM	35:09
	15KM	50:54
	20KM	1:07:21

254	MESERET BELETE TOLA(ETH)
610	NATALIA ELISANTE SULLE(TAN)
263	YALEMZERF YEHALAW DENSA(ETH)
263	YALEMZERF YEHALAW DENSA(ETH)

Legend:

Rk	Rank	DNF	Did Not Finish
----	------	-----	----------------



FRI 30 AUG 2019
Start Time 07:10

Race Analysis

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Result	Time Behind			
					5KM	10KM	15KM	20KM	
1	329	TITUS EKIRU	KEN	02 JAN 1992	1:01:42				
					16:25(2)	14:35(1)	13:36(1)	14:23(1)	2:46
						14:35	13:36	14:23	
2	398	REDA ELAARABY	MAR	12 NOV 1989	1:02:44	+1:02			
					16:25(8)	14:35(2)	14:10(2)	14:57(4)	
						14:35	14:10	14:57	2:39
3	385	HAMZA SAHLI	MAR	10 MAY 1993	1:02:45	+1:03			
					16:25(5)	14:36(4)	14:10(3)	14:57(3)	
						14:36	14:10	14:57	2:39
4	322	MORRIS MUNENE	KEN	04 JUL 1995	1:02:51	+1:09			
					16:25(1)	14:36(6)	14:10(4)	14:57(2)	
						14:36	14:10	14:57	2:46
5	717	PANUEL MKUNGO	KEN		1:03:10	+1:28			
					16:25(3)	14:37(7)	14:18(6)	15:01(5)	
						14:37	14:18	15:01	2:51
6	226	YASIN HAJI HAYATO	ETH	22 JUN 1996	1:03:36	+1:54			
					16:25(9)	14:36(5)	14:17(5)	15:23(8)	
						14:36	14:17	15:23	2:57
7	721	ROBERF CHEMONGES	UGA		1:03:57	+2:15			
					16:25(7)	14:52(9)	14:44(8)	15:03(6)	
						14:52	14:44	15:03	2:55
8	206	GUYE ADOLA IDEMO	ETH	20 OCT 1990	1:04:12	+2:30			
					16:25(6)	14:36(3)	14:18(7)	16:00(11)	
						14:36	14:18	16:00	2:54
9	195	BELAY TILAHUN BEZABH	ETH	07 JAN 1995	1:05:16	+3:34			
					16:27(15)	14:47(8)	14:57(9)	16:07(12)	
						14:47	14:57	16:07	3:00
10	172	GHIRMAY EMBAYE	ERI	14 NOV 1995	1:05:27	+3:45			
					16:25(4)	15:18(11)	15:08(10)	15:33(9)	
						15:18	15:08	15:33	3:05
11	179	YONAS TSIGHE	ERI	01 JAN 1994	1:05:34	+3:52			
					16:26(10)	15:00(10)	15:56(12)	15:15(7)	
						15:00	15:56	15:15	3:00
12	140	AHMED BAKRY	EGY	13 MAR 1985	1:06:13	+4:31			
					16:27(16)	15:34(13)	15:20(11)	15:50(10)	
						15:34	15:20	15:50	3:04
13	671	MOSES TARAKINYU	ZIM	30 MAR 1995	1:08:09	+6:27			
					16:26(11)	15:29(12)	16:09(14)	16:49(14)	
						15:29	16:09	16:49	3:17
14	464	JEREMIA SHALIAWXE	NAM	06 JUN 1988	1:08:36	+6:54			
					16:26(14)	16:04(14)	16:06(13)	16:45(13)	
						16:04	16:06	16:45	3:15

Legend:
Rk Rank



Race Analysis

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Result	Time Behind				
							5KM	10KM	15KM	20KM
15	709	NGOR NGOR	SSD	22 JUN 1994	1:10:19	+8:37				
		16:26(13)	16:10(15)	16:38(16)	17:46(18)					3:19
			16:10	16:38	17:46					
16	126	RUBEN PASCAL SANCA	CPV	13 DEC 1986	1:10:37	+8:55				
		16:31(18)	16:46(16)	16:55(19)	17:05(15)					3:22
			16:46	16:55	17:05					
17	88	VALENTIN BETOUDJI	CHA	14 FEB 1991	1:10:44	+9:02				
		16:43(20)	16:53(18)	16:37(15)	17:11(16)					3:22
			16:53	16:37	17:11					
18	94	HERRERA JONATHAN ATSE	CIV	08 SEP 1987	1:11:31	+9:49				
		16:45(22)	16:52(17)	16:48(17)	17:51(19)					3:17
			16:52	16:48	17:51					
19	14	VENANCIO DANIEL NDALA TCHINGOM	ANG	14 JUN 1992	1:11:38	+9:56				
		16:37(19)	17:13(19)	16:53(18)	17:43(17)					3:14
			17:13	16:53	17:43					
20	120	VINCENT KYONDWA KAPATALA	COD	01 SEP 2000	1:13:54	+12:12				
		16:44(21)	17:21(20)	17:41(20)	18:49(20)					3:21
			17:21	17:41	18:49					
	137	MUMIN BOOQORA GALA	DJI	06 SEP 1986	DNF					
		16:26(12)								
	144	BELAL AHMED	EGY	20 NOV 1986	DNF					
		16:30(17)								
	365	JOBO KHATOANE	LES	08 JUN 1988	DNS					
	722	FILEX CHEMONGES	UGA		DNS					

Legend:

Rk Rank **DNF** Did Not Finish **DNS** Did Not Start



FRI 30 AUG 2019
Start Time 07:10

Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Result	Time Behind
1	329	TITUS EKIRU	KEN	02 JAN 1992	1:01:42	
2	398	REDA ELAARABY	MAR	12 NOV 1989	1:02:44	+1:02
3	385	HAMZA SAHLI	MAR	10 MAY 1993	1:02:45	+1:03
4	322	MORRIS MUNENE	KEN	04 JUL 1995	1:02:51	+1:09
5	717	PANUEL MKUNGO	KEN		1:03:10	+1:28
6	226	YASIN HAJI HAYATO	ETH	22 JUN 1996	1:03:36	+1:54
7	721	ROBERF CHEMONGES	UGA		1:03:57	+2:15
8	206	GUYE ADOLA IDEMO	ETH	20 OCT 1990	1:04:12	+2:30
9	195	BELAY TILAHUN BEZABH	ETH	07 JAN 1995	1:05:16	+3:34
10	172	GHIRMAY EMBAYE	ERI	14 NOV 1995	1:05:27	+3:45
11	179	YONAS TSIGHE	ERI	01 JAN 1994	1:05:34	+3:52
12	140	AHMED BAKRY	EGY	13 MAR 1985	1:06:13	+4:31
13	671	MOSES TARAKINYU	ZIM	30 MAR 1995	1:08:09	+6:27
14	464	JEREMIA SHALIAXWE	NAM	06 JUN 1988	1:08:36	+6:54
15	709	NGOR NGOR	SSD	22 JUN 1994	1:10:19	+8:37
16	126	RUBEN PASCAL SANCA	CPV	13 DEC 1986	1:10:37	+8:55
17	88	VALENTIN BETOUDJI	CHA	14 FEB 1991	1:10:44	+9:02
18	94	HERRERA JONATHAN ATSE	CIV	08 SEP 1987	1:11:31	+9:49
19	14	VENANCIO DANIEL NDALA TCHINGOM	ANG	14 JUN 1992	1:11:38	+9:56
20	120	VINCENT KYONDWA KAPATALA	COD	01 SEP 2000	1:13:54	+12:12
	137	MUMIN BOOQORA GALA	DJI	06 SEP 1986	DNF	
	144	BELAL AHMED	EGY	20 NOV 1986	DNF	
	365	JOBO KHATOANE	LES	08 JUN 1988	DNS	
	722	FILEX CHEMONGES	UGA		DNS	

Intermediate Times:	5KM	16:25	322	MORRIS MUNENE(KEN)
	10KM	30:59	329	TITUS EKIRU(KEN)
	15KM	44:35	329	TITUS EKIRU(KEN)
	20KM	58:58	329	TITUS EKIRU(KEN)

Legend:					
Rk	Rank	DNF	Did Not Finish	DNS	Did Not Start



FRI 30 AUG 2019
 Start Time 16:45

Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Lane	React. Time	Result
1	361	VANICE KERUBO NYAGISERA	KEN	04 APR 2001	5	0.184	56.95
2	412	LAMIA LHABZ	MAR	19 MAY 1984	1	0.228	56.97
3	498	ABASIAMO UWEMEDIMO AKPAN	NGR	15 DEC 2000	4	0.256	57.66
4	565	ZENEY VAN DER WALT	RSA	22 MAY 2000	6	0.203	57.67
5	52	OARABILE BABOLAYI	BOT	08 MAR 1992	8	0.180	57.96
6	563	WENDA NEL	RSA	30 JUL 1988	3	0.192	58.01
7	374	OLGA RAZANAMALALA	MAD	08 AUG 1988	2	0.157	59.74
8	246	GEBEYANESH GADECHA KAMA	ETH	21 NOV 1998	7	0.194	59.79

Legend:

Rk Rank React. Reaction



FRI 30 AUG 2019

Start Time 16:55

Results

Wind:+1.8m/s

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Lane	React. Time	Result
1	277	GINA BASS	GAM	03 MAY 1995	5	0.181	22.58
2	159	BASANT HEMIDA	EGY	28 SEP 1996	4		22.89
3	101	LOU GONEZIE MARIE JOSEE DOMINIQUE TA	CIV	18 NOV 1988	3		23.00
4	528	AMINATOU SEYNI MOUMOUNI	NIG	24 AUG 1996	8		23.05
5	84	NGOYE AKAMABI NATACHA	CGO	15 AUG 1993	6		23.44
6	590	MARGARET VANESSA BARRIE	SLE	29 MAY 1996	2		23.57
7	51	LOUNGO MATLHAKU	BOT	25 MAR 1995	7		23.84
	524	ROSEMARY CHUKWUMA	NGR	05 DEC 2001	1		DNS

Legend:

Rk Rank React. Reaction DNS Did Not Start



Results

Wind:-0.8m/s

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Lane	React. Time	Result
1	660	SYDNEY SIAME	ZAM	07 OCT 1997	6	0.152	20.35
2	481	EJOWVOKOVINEGHENE D ODUDURU	NGR	10 JUL 1996	3	0.143	20.54
3	530	ANASO JOBODWANA	RSA	30 JUL 1992	7	0.173	20.56
4	267	GUY MAGANGA	GAB	18 MAR 1993	5	0.212	20.77
5	604	SIBUSISO BRUNO MATSENJWA	SWZ	02 MAY 1988	8	0.167	20.83
6	485	OGHO-OGHENE OMANO EGWERO	NGR	26 NOV 1988	4	0.140	21.00
7	34	GAONE LEANAME MAOTOANONG	BOT	07 MAY 1991	2	0.152	21.04
8	321	MIKE MOKAMBA MOKAMBA	KEN	28 AUG 1994	1	0.161	21.05

Legend:

Rk Rank React. Reaction



Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Order	Result
1	343	ROBERT KIPROP	KEN	20 JUN 1991	26	13:30.96
2	310	EDWARD ZAKAYO PINGUA	KEN	25 NOV 2001	17	13:31.40
3	326	RICHARD YATOR KIMUNYAN	KEN	04 JUN 1998	14	13:31.41
4	190	ABE GASHAHUN TILAHUN	ETH	20 APR 1998	8	13:32.29
5	640	OSCAR CHELIMO	UGA	12 DEC 2001	10	13:32.96
6	193	ANTENAYEHU DAGNACHEW YISMA	ETH	29 SEP 1998	1	13:37.85
7	401	SOUFIANE BOUKANTAR	MAR	30 AUG 1993	18	13:38.87
8	132	IBRAHIM HASSAN BOUH	DJI	01 JAN 1997	29	13:39.37
9	645	STEPHEN KISSA	UGA	01 DEC 1995	9	13:43.79
10	204	GEMECHU DIDA DIRIBA	ETH	12 SEP 1999	24	13:46.40
11	170	AWET GHEBREZGHIABHER	ERI	29 SEP 1997	25	13:46.80
12	178	YOHANS ANDEBRHAN	ERI	03 AUG 2000	20	13:49.08
13	393	MOHCINE OUTALHA	MAR	15 DEC 1998	21	13:51.28
14	133	JAMAL ABDI DIRIEH	DJI	01 JAN 1997	6	13:52.29
15	368	TOKA BADBOY	LES	02 AUG 1998	31	14:04.40
16	21	RODRIQUE KWIZERA	BDI	10 OCT 1999	5	14:09.35
17	176	TESFU WELDEGEBREAL	ERI	21 JUL 1997	16	14:16.55
18	428	KEFASI KASITENI CHITSALA	MAW	24 JUN 1994	13	14:18.39
19	127	SAMUEL FREIRE	CPV	28 AUG 1990	28	14:19.21
20	599	ABDELMUNAIM ABDALLA	SUD	01 JAN 1993	3	14:38.12
21	671	MOSES TARAKINYU	ZIM	30 MAR 1995	19	14:46.65
22	85	ALI HISSEINE MAHAMAT	CHA	05 JAN 2000	4	14:47.21
23	425	CHAUNCY MAKOLANI MASTER	MAW	02 JUN 1985	7	14:55.27
24	708	KULANG KULANG	SSD	22 SEP 1995	30	15:01.03
25	697	IVEN MOISE	SEY	18 OCT 1990	15	15:02.28
26	585	OSMAN CHALLEY	SLE	30 DEC 1997	23	15:43.52
27	695	ABIDINE ABIDINE	MTN	31 MAR 1993	22	15:52.09
	608	GABRIEL GERALD GEAY	TAN	10 SEP 1996	2	DNS
	378	ABDELLAATI IGUIDER	MAR	25 MAR 1987	11	DNS
	80	NGOUARI MOUISSI ALEX FRANCK CLIFORD	CGO	16 SEP 1991	12	DNS
	643	SAMUEL KIBET	UGA	23 SEP 2001	27	DNS

Legend:

Rk Rank DNS Did Not Start



Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Order	Result
1	358	QUAILYNE JEBIWOTT KIPROP	KEN	05 JAN 1999	6	4:19.33
2	349	MARY KURIA	KEN	29 NOV 1987	5	4:20.19
3	250	LEMLEM HAILU TECHANE	ETH	25 MAY 2001	3	4:20.60
4	413	MALIKA AKKAOUI	MAR	25 DEC 1987	2	4:20.64
5	647	ESTHER CHEBET	UGA	10 SEP 1997	9	4:21.04
6	408	HALIMA HACHLAF	MAR	06 SEP 1988	7	4:22.59
7	346	LOICE CHEMNUNG	KEN	22 FEB 1997	8	4:24.14
8	15	NEIDE GIOVANIA LINO DIAS	ANG	11 AUG 1987	1	4:24.99
9	231	ADANECH ANBESA FEYISA	ETH	23 JAN 1998	11	4:25.84
10	183	RAHEL GHEBREYOHANNES	ERI	16 NOV 2001	4	4:27.04
11	138	KADRA MOHAMED DEMBIL	DJI	22 APR 1997	12	4:34.95
	629	HAIFA TARCHOUN	TUN	18 FEB 1989	10	DNF

Legend:

Rk Rank DNF Did Not Finish



FRI 30 AUG 2019

Start Time 16:30

Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	1.90	2.00	2.10	2.15	2.20	2.23	2.26	Result
					2.29	2.32	2.35	2.38	2.41	2.44		
1	538	MPHO LINKS	RSA	20 JUN 1996	-	-	XO	XO	XXO	XXX		2.20
2	320	MATHEW KIPLAGAT SAWE	KEN	07 FEB 1988	-	-	O	O	XXX			2.15
3	531	BREYTON POOLE	RSA	23 MAR 2000	-	O	O	XXO	XXX			2.15
4	30	AOBAKWE NKOBELA	BOT	14 JAN 1994	O	O	O	XXX				2.10
4	201	DUOP LIM KOUNG	ETH	24 MAY 2000	O	O	O	XXX				2.10
4	36	KABELO KGOSIEMANG	BOT	07 JAN 1986	-	O	O	XXX				2.10
7	46	TSHWANELO AABOBE	BOT	31 JAN 1993	-	-	XO	XXX				2.10
8	700	NORRIS BRIOCHE	SEY	14 MAY 1999	O	O	XXX					2.00
8	670	MIEGUERY KWENDA	ZIM	29 JAN 1995	O	O	XXX					2.00
8	600	MOHAMED ALI	SUD	15 SEP 1989	-	O	XX-	X				2.00
11	681	MUNYARADZI AUGUSTINE CHADENGA	ZIM	01 MAY 1998	O	XO	XXX					2.00
11	58	CLEMENT LOANOU NOE SYLVESTRE ONADJA	BUR	03 APR 1999	O	XO	XXX					2.00
13	487	OMAMUYOVWI ERHIRE	NGR	16 AUG 2002	O	XXO	XXX					2.00
	191	ADIRE GUR OCHALLA	ETH	23 MAR 2000								DNS
	389	MAROUANE KACIMI	MAR	22 AUG 2023								DNS

Legend:

Rk	Rank	-	Pass	X	Failure	O	Clearance
DNS	Did Not Start						



Results

Rk	Athlete Bib	Name	NOC Code	Date of Birth	Order	Result
1	313	GEORGE MEITAMEI MANANGOI	KEN	29 NOV 2000	12	3:38.27
2	130	AYANLEH SOULEIMAN HASSAN	DJI	03 DEC 1992	5	3:38.44
3	303	CHARLES CHEBOI SIMOTWO	KEN	05 JUN 1995	9	3:38.51
4	378	ABDELLAATI IGUIDER	MAR	25 MAR 1987	4	3:38.59
5	387	HICHAM OULADHA	MAR	31 JAN 1995	11	3:39.00
6	608	GABRIEL GERALD GEAY	TAN	10 SEP 1996	1	3:39.29
7	210	KEBEDE ENDALE OLKEBA	ETH	22 JUN 2000	6	3:40.01
8	302	BOAZ KIPRUGUT	KEN	18 MAY 1998	2	3:40.44
9	593	ABDULLAHI JAMA MOHAMED	SOM	29 NOV 2002	10	3:41.49
10	199	BIRHANU SORSA ITAHA	ETH	11 APR 2000	8	3:42.97
11	707	GUEM GUEM	SSD	29 APR 1999	7	3:45.94
	131	HISS BACHIR YOUSOUF	DJI	01 JAN 1987	3	DNF

Legend:

Rk Rank DNF Did Not Finish



FRI 30 AUG 2019

Start Time 16:40

Results

RK	Athlete Bib	Name	NOC Code	Date of Birth	1	2	3	4	5	6	Result
1	317	JULIUS KIPLANGAT YEGO	KEN	01 APR 1989	X	79.17	87.73	80.20	-	-	87.73
2	298	ALEXANDER KIPROTICH	KEN	10 OCT 1994	X	77.50	X	75.28	X	77.24	77.50
3	484	NNAMDI PROSPER CHINECHEREM	NGR	12 JUL 2002	73.24	61.17	X	67.34	X	67.96	73.24
4	218	OTHOW OKELLO OJULU	ETH	24 MAY 1996	69.79	66.18	65.84	71.55	67.88	X	71.55
5	103	CHAMAKEN CLAUDE GASTIEN	CMR	18 MAY 1988	66.27	62.27	71.44	63.26	X	68.85	71.44
6	225	UBANG UBANK ABOLA	ETH	20 JAN 1997	71.28	67.27	62.64	X	X	-	71.28
7	379	ABDELLAH CHARII	MAR	01 JAN 1991	68.42	69.56	69.19	68.47	69.94	X	69.94
8	211	KEREYU BULALA BERKETA	ETH	27 MAR 1999	67.58	65.05	69.91	67.35	65.28	X	69.91
9	493	SAMUEL ADAMS KURE	NGR	20 DEC 1993	69.55	X	69.23				69.55
10	147	MAGED AMER	EGY	29 SEP 1995	69.33	68.15	67.92				69.33
11	118	LORMANS MANSIANTIMA YITU	COD	08 FEB 1999	X	37.64	36.29				37.64

Starting order	1	2	3	4	5	6	7	8	9	10	11
	211	147	225	218	118	103	379	317	298	484	493

Legend:

Rk Rank X Failure - Pass



FRI 30 AUG 2019

Start Time 16:50

Results

RK	Athlete Bib	Name	NOC Code	Date of Birth	1	2	3	4	5	6	Result
1	519	OYESADE ADETOLA OLATOYE	NGR	25 JAN 1997	16.61	16.06	16.05	16.10	15.26	16.30	16.61
2	551	ISCHKE SENEKAL	RSA	08 JAN 1993	X	14.24	X	15.77	15.95	16.18	16.18
3	557	MEIKE STRYDOM	RSA	25 AUG 2000	13.77	13.24	13.81	13.60	14.64	14.24	14.64
4	28	ODILE AHOUANWANOU	BEN	05 JAN 1991	12.95	12.73	13.10	13.77	13.31	13.32	13.77
5	424	ZINEB ZEROUAL	MAR	28 MAY 2001	13.14	13.25	13.39	13.35	12.95	12.94	13.39
6	266	ZURGA USMAN MUSA	ETH	18 JAN 1996	12.48	13.21	13.19	13.09	12.59	13.01	13.21
7	73	SALI NADOUNKE	BUR	31 DEC 1980	X	12.89	11.99	12.20	12.49	12.29	12.89
	115	DONGMO MEKEMNANG AURIOL SALLY	CMR	03 AUG 1990							DNS

Starting order	1	2	3	4	5	6	7	8
	557	73	519	28	266	551	115	424

Legend:

Rk	Rank	X	Failure	DNS	Did Not Start
----	------	---	---------	-----	---------------



FRI 30 AUG 2019
Start Time 17:55

Results

Rk	Athlete Bib	Name	Lane	React. Time	Result
1		NGR - Nigeria	5	0.298	3:30.32
	518	OLUWAKEMI RUTH FRANCIS			
	520	PATIENCE OKON GEORGE			
	503	BLESSING LOMI OLADOYE			
	511	FAVOUR CHUKWUKA OFILI			
2		BOT - Botswana	2	0.206	3:31.96
	52	OARABILE BABOLAYI			
	53	ORATILE ROSE NOWE			
	49	AMANTLE VICTOR-NKAPE			
	50	GALEFELE MOROKO			
3		UGA - Uganda	7	0.179	3:32.25
	656	STELLA AKULLU WONRUKU			
	653	NASIBA NABIRYE			
	646	EMILLY NANZIRI			
	651	LENI SHIDA			
4		KEN - Kenya	4	0.341	3:32.93
	345	LINDA KAGEHA			
	351	MAUREEN NYATICHI THOMAS			
	350	MARY MORAA			
5		RSA - South Africa	8	0.179	3:41.17
	561	TAYLON BIELDT			
	563	WENDA NEL			
	550	DANEL HOLTON			
	565	ZENEY VAN DER WALT			
6		ETH - Ethiopia	6	0.190	3:41.45
	259	TSIGE DUGUMA GEMECHU			
	780	GETACHEW MIGIST			
	255	MSGANA HAYLU ZEMEDKUN			
	262	WORKNESH MESELE HANDENO			
7		SLE - Sierra Leone	3	0.164	3:47.74
	590	MARGARET VANESSA BARRIE			
	587	ELMA SESAY			
	588	FATMATA AWOLO			
	591	MARY THOMAS TARAWALLY			
		MAD - Madagascar	1		DNS

Legend:		React.	Reaction	DNS	Did Not Start
Rk	Rank				



FRI 30 AUG 2019
Start Time 16:35

Results

RK	Athlete Bib	Name	NOC Code	Date of Birth	1	2	3	4	5	6	Result Wind
1	8	YASSER MOHAMMED T TRIKI	ALG	24 MAR 1997	X	X	7.75 +0.5	8.01 -0.3	X	X	8.01 -0.3
2	389	MAROUANE KACIMI	MAR	22 AUG 2023	7.47 -0.8	7.71 -0.2	7.79 +3.0	5.76 +0.6	X	X	7.79 +3.0
3	26	N'TIA ROMEO	BEN	25 FEB 1995	7.72 +0.5	7.72 +0.3	7.59 +0.3	X	X	5.50 +1.2	7.72 +0.3
4	76	BINIAKOUNOU ARCHEL EVRARD	CGO	28 APR 1993	X	7.60 +0.8	X	7.31 +0.5	7.56 +0.1	7.71 +0.5	7.71 +0.5
5	314	ISAAC KIRWA YEGO	KEN	01 JAN 2019	7.44 -0.4	7.39 0.0	7.58 +1.8	7.55 -1.4	7.68 +0.6	7.46 +1.2	7.68 +0.6
6	109	NKWEMY TCHOMFA RAYMOND	CMR	29 MAY 1995	7.59 +0.5	7.15 +1.3	7.52 +0.6	7.52 -0.2	7.39 -0.6	7.67 +1.1	7.67 +1.1
7	217	OMOD OKUGN CHAMO	ETH	20 MAY 2000	X	7.52 +2.1	7.56 -0.1	7.38 -0.3	7.55 -0.2	X	7.56 -0.1
8	283	MOHAMMED ABUBAKAR	GHA	04 OCT 1995	X	7.44 +0.6	X	X	7.49 +2.0	X	7.49 +2.0
9	143	BASEM MOHAMED	EGY	22 DEC 1995	7.26 -0.3	7.33 -0.1	X				7.33 -0.1
10	280	HAMMOND JEFF	GHA	10 MAY 1996	X	6.94 -1.3	7.27 +0.3				7.27 +0.3
11	459	CHENOULT LIONEL COETZEE	NAM	06 MAY 1997	7.21 +0.5	7.14 -0.6	7.20 +0.5				7.21 +0.5
12	112	YINRA APPOLINAIRE	CMR	01 JAN 1998	6.81 +1.4	7.02 +0.1	-				7.02 +0.1

Starting order	1	2	3	4	5	6	7	8	9	10	11	12
	143	314	109	217	459	8	76	26	283	389	280	112

Legend:	
Rk	Rank
X	Failure
-	Pass



FRI 30 AUG 2019

Start Time 18:05

Results

Rk	Athlete Bib	Name	Lane	React. Time	Result
1		BOT - Botswana	8	0.184	3:02.55
	48	ZIBANI NGOZI			
	33	DITIRO NZAMANI			
	41	ONKABETSE NKOBOLO			
	40	LEUNGO SCOTCH			
2		RSA - South Africa	5	0.143	3:03.18
	534	GARDEO ISAACS			
	541	RANTI DIKGALE			
	545	THAPELO PHORA			
	533	DERRICK MOKALENG			
3		NGR - Nigeria	6	0.184	3:03.42
	494	SHEDRACK AKPEKI			
	492	SAMSON OGHENEWEGBA NATHANIEL			
	483	IFEANYI EMMANUEL OJELI			
	478	CHIDI ANTHONY OKEZIE			
4		KEN - Kenya	1	0.267	3:05.71
	321	MIKE MOKAMBA MOKAMBA			
	316	JOSEPH POGHISIO LOSHANGAR			
	300	ARON KIPCHUMBA KOECH			
	299	ALPHAS LEKEN KISHOYIAN			
5		SEN - Senegal	4	0.210	3:07.08
	570	FREDERICK MENDY			
	574	MOUHAMADOU BAMBA NIANG			
	569	CHEIKH TIDIANE DIOUF			
	572	IBRAHIMA MBENGUE			
6		NAM - Namibia	2	0.189	3:10.12
	467	THASISO AOCHUMUB			
	462	GIDEON ERNST NARIB			
	458	ALEXANDER BOCK			
	468	WARREN GORESEB			
7		ETH - Ethiopia	3	0.161	3:11.58
	202	EFREM MEKONNEN WELDEGABREL			
	785	ASSEFA MELKAMU			
	188	ABDURAMAN ABDO BUSA			
	214	MUSTEFA EDEO KABETO			
8		ZIM - Zimbabwe	7		3:12.41
	669	LEON TAFIRENYIKA			
	674	NYASHA KEITH MUTSETSE			
	675	RODWELL LEROY NDLOVU			
	673	NORMAN MUKWADA			

Legend:

Rk Rank React. Reaction