

MAURITIUS ATHLETICS ASSOCIATION

CALENDAR OF ACTIVITIES 2018 / 19

ROAD RACE

DATES	INTERNATIONAL	NATIONAL	REGIONAL	FORMATIONS / TRAINING CAMP	MASTERS
SEPTEMBER 2018					
(14 - GANESH CHATURTI)					
15			Prologue VCPH, La Caverne		
15 & 29				Workshop Chief Judges & Judges	
23			Port Louis Championships, Reduit		
29		Half Marathon Trial, Rodrigues			
OCTOBER 2018					
6				Workshop for Administrators / Online Entries	
7	Commonwealth Half Marathon Championships, Cardiff		Road Relay, VCPH		
11					
14			FUN DAY - Detection I - Roche Bois		
20, 21, 27, 28 Oct / 2 Nov				TOECS Level 1 Course, Reduit	
21			FUN DAY - Detection II - La Tour Koenig		
23, 28 Oct / 02-04 & 10-11 Nov				CECS Level 1 Course, Reduit	
27		Jeux des Jeunes Talents (Heats)			
28			FUN DAY - Detection III - Cite Valljee		
NOVEMBER 2018					
(2 - ARRIVAL OF INDENTURED LABOURERS)					

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DATES	INTERNATIONAL	NATIONAL	REGIONAL	FORMATIONS / TRAINING CAMP	MASTERS
2 to 22				Training Camp (Throws), Pretoria	
3		BANK OF MAURITIUS Inter Clubs Youth Championships (Heats)	BANK OF MAURITIUS Inter Clubs Youth Championships - Rodrigues		
(7 - DIVALI)					
10			Prologue, Gymkhana / St Suzanne		
11	Relais Marathon, St Benoit		1st Signal Mountain Run Classic / Family Run, Signal Mountain		
14		Jeux des Jeunes Talents, Reduit			
17 & 18		BANK OF MAURITIUS Inter Clubs Youth Championships			
19 to 24				TOECS Level 1 Course, Port Mathurin	
25		Half Marathon, Moka			
26 Nov to 6 Dec				Stage - Rodrigues	
DECEMBER 2018					
1			Relay Festival, BBRH		
1, 2, 8 & 9				Basic Coaching Course, Rose Belle	
1 to 22				Training Camp (Middle/Long Distance), Nairobi	
1 to 22				Semi-Residential Training Camp, Reduit – Rodrigues	
4 - 8				Training Camp U16 Pentathlon	
7	SAR Elective Congress, RSA	Soiree de Demi Fond	Half Marathon, Rose Hill		
8			Regional Cross Country, Curepipe		

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14		Soiree de Demi Fond	Sports for All, La Caverne		
15		Festival Lancers + Long Jump/High Jump			
16			Sports for All - Pamplemousses		
21		Soirée de Demi fond			
(25 - CHRISTMAS DAY)					
JANUARY 2019					
(1 & 2 - NEW YEAR)					
11 to 15				Workshop for Coaches	
18		Record de l'Heure			
19		Festival Lancers + Triple Jump/Pole Vault	Regional Cross Country, Candos/Highlands		
19			Cross Country, Black River		
20			PL Cross Country Championships, Champ de Mars		
20			Regional Cross Country, BBRH		
20			Regional Cross Country, Rose Belle		
20			X-Country Pamplemousses Region		
(21 - THAIPOOSAM CAVADEE)					
26			Outdoor Training, Moka		
27			Regional Cross Country, BBRH		

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<u>FEBRUARY 2019</u>					
(1 - ABOLITION OF SLAVERY)					
1 to 25				Training Camp (Sprints/Hurdles/Jumps), Pretoria	
2		VITAL Cross Country League - 1st Leg – MGI, Moka	Regional Cross Country Championships, QB		
(5 - CHINESE NEW YEAR)					
4 - 18				Training Camp Thtows, France	
6 - 9					11 TH African Masters Athletics Championships, Tunisia
9		Rencontre de Preparation			
10		VITAL Cross Country League - 2nd Leg - Les Salines			
16		VITAL Cross Country League - 3rd Leg – Trianon			
23		VITAL Cross Country League - 4th Leg – Gros Cailloux			
<u>MARCH 2019</u>					
2		Rencontre de Preparation		DETECTION - Moka Region	
(4 - MAHA SHIVARATREE)					
9		VITAL Cross Country League & National Championships, FINAL – Sodnac Wellness Park		Workshop - Administration of Clubs, Reduit	
9				DETECTION - Moka Region	
10			Friendly Competition and Regional Championships, Q-Bornes		

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(12 - INDEPENDENCE & REPUBLIC DAY)					
15 - 24				Training Camp Sprint, South Africa	
16		Rencontre de Preparation	VCPH Regional Championships, Reduit		
17			Pamplemousses Regional Championships		10 KMS, Port Louis
22				Detection Session, Quatre Bornes	
23			Jumps & Throws Festival, Black River		
24 - 30					8 th World Masters Athletics Championships Indoor Torun, Poland
29		IOIG / MAA TRIALS			
30	World Cross Country, Denmark	Triathlon/Quadrathlon Championships, 1 st Leg		Detection Session, Quatre Bornes	
31				Workshop for Athletes, Curepipe	
APRIL 2019					
3 to 5		Jeux des Jeunes Elites			
5		PERMOGLAZE U16 National Championships (Heats)			
5		IOIG / MAA TRIALS			
(6 - OUGADI)			Prologue VCPH, Bassin		
6	Match U16 REU/MRI Inter Islands Championships, Reunion Island				
7		MILO Half Marathon	Grand Port Regional Championships		Cross Country, Gymkhana

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12		IOIG / MAA TRIALS			
13		PERMOGLAZE U16 National Championships (FINALS)			
14 - 15	CAA Elective Congress, Abidjan				
16 to 20	CAA U18 - U20 Championships, Abidjan				
20				Team Building, Yemen, Black River	
20				Semi-Residential Training Camp, Reduit - Rodrigues	
(21 - EASTER)					
26 & 27	International Meet / Combined Events Meet, Reduit				
28			BBRH Regional Championships		
28			Relay Marathon, Curepipe		
31				Regional Training Camp, BBRH	
<u>MAY 2019</u>					
(1 - LABOUR DAY)			Open Road Race (10 Km) - National Level - Pamplemousses		
1		PEPSI COLA U18 National Championships (Heats)			
5		PEPSI COLA U18 National Championships (Final)			
11	Match U18 MRI/REU Inter Islands Championships, Reduit	Triathlon/Quadrathlon Championships, 2 nd Leg			
12 - 22				Training Camp Middle Distance, South Africa	
18		15 KM	Kids Athletics Competition, La Caverne/Glenpark		

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19			Moka Regional Sports Day		
25 & 26		KFC U20 National Championships	Semi Marathon de l'Ouest, Black River		
JUNE 2019					
1 - 14				Training Camp Throws, France	
(5 - EID UL FITR)					
7 & 8		VITAL Senior Championships			
9			Black River Championships	Initiative / Workshop on Endurance, Horizontal Jumps, Moka Region	
11, 12, 18, 19 & 26				TOECS Level 1 Course	
15		MAA Series	U20 VCPH Championships, Reduit		
16			Relais Marathon de Quatre Bornes		
22		MAA Series			
23		10 KM / Olympic Day Run, Beau Vallon			
29		MAA Series			
JULY 2019					
8 to 15				Stage Semi Residential	
6				Detection Session, Quatre Bornes	
20				Team Building, Flic en Flac (BRiver Region)	
22 - 26	IOIG Games, Bambous				

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26	IOIG Half Marathon, Rodrigues				
<u>AUGUST 2019</u>					
9 – 11				Training Camp, Moka Region	
24		Triathlon/Quadrathlon Championships, 3 rd Leg	Kids Athletics, Gymkhana/Highlands	Training Camp (Pte aux Piments), B/River Region	
24			Sports for All, BBRH		
25					National Championships
<u>SEPTEMBER 2019</u>					
(3 - GANESH CHATURTHI)					
8			Sprint/Middle Distance Festival, Rose Belle		
14			Run for Fun (4 Km), Black River		
14			Curepipe Regional Championships		
22					Festival Sprint/Long Distival/Walk
25 - 26	52 nd IAAF Congress, Doha, Qatar				
27 Sep to 6 Oct	IAAF World Championships, Doha, Qatar				
<u>OCTOBER 2019</u>					
13			10 Km Road Race + Selection Relais St Benoit, Quatre Bornes		
20					Festival Lancers/Sauts
(27 - DIVALI)					

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<u>NOVEMBER</u> <u>2019</u>					
(1 - ALL SAINTS DAY & 2 - ARRIVAL OF INDENTURED LABOURERS)					
23				Team Building (Ile au Fournier, Bois Puant), B/River	
30			Outdoor Training, Moka Region		
30			Relais Pedestre, BBRH		
<u>DECEMBER</u> <u>2019</u>					
2 - 6					21 st Asia Masters Athletics Championships, Sarawak, Malaysia
(25 - CHRISTMAS DAY)					