



IAAF World Cross Country Championships Aarhus 2019

Timetable (30 March 2019)

10:30	Opening Ceremony	
11:00	Mixed Relay	8km
11:35	WU20 Women	6km
12:10	WU20 Men	8km
12:45	<i>Medal Ceremony WU20 Women</i>	
13:00	Senior Women	10km
13:45	<i>Medal Ceremony WU20 Men</i>	
14:00	Senior Men	10km
14:45	<i>Medal Ceremony Senior Women</i>	
14:50	<i>Medal Ceremony Senior Men</i>	

- Team's Medal Ceremonies (including Mixed Relay) will be at the Final Dinner